

Term 4 Sport Training Schedule - Week 4 only - commences Monday 27 October, 2025 - *October 24 version*



Selection Trials for AFL and Cricket will occur in Week 4, from Monday 27th October. The training schedule will be updated weekly across for Weeks 4-9, by Friday of the previous week. No Zone Club Cricket Trainings will occur in WEEK 4.

MORNING	Time	Monday, 27th October	Tuesday, 28th October	Wednesday, 29th October	Thursday, 30th October	Friday, 31st October
Coorparoo AFL	6:15-7:45am		2026 AFL YEARS 6 AND 9 SQUAD TRIALS		2026 AFL YEARS 7 & 8 SQUADS	
Goold Hall	6:45-8:00am			VOLLEYBALL 2026 YEAR 10 TRIALS	VOLLEYBALL 2026 OPENS TRIALS	VOLLEYBALL 2026 YEAR 11 TRIALS
Little Langlands	6:30-8:00am	2026 CRICKET YEAR 9 SQUAD TRIALS	2026 CRICKET YEARS 11 AND 12 SQUAD TRIALS	2026 CRICKET YEAR 10 SQUAD TRIALS	CRICKET (backup): if rains Mon, Tue or Wed	
Langlands Park Memorial Pool	6:45-7:45am	SWIMMING - COMPULSORY GOLD SQUAD SESSION (6:30-7:45AM)	SWIMMING - GOLD SQUAD		SWIMMING - GOLD SQUAD	
Villa Pool	7:00-8:00am			SWIMMING - GREEN SQUAD		
S&C - Villa Gym	7:00-8:00am	Rugby Union: Andrew Slack Squad (Years 11-12: 6:30-8am)	Staff S&C session (6:15-7am) & CRICKET FIRSTS & DEV SQUADS (7-8am)	Football Firsts Squad/Rugby Union: Andrew Slack Squad (Year 10: all at 6:30-8am)	Rugby Union: Ben Mowen Squad (Years 8-9)	Rugby Union: Andrew Slack Squad (Years 11-12: 6:30-8am)
Whinstanes Oval	7:00-8:00am	Rugby Union: Andrew Slack Squad (Years 11-12: 6:30-8am)		Italian Training Course (Year 8): email Ms Annalisa Dichiera if interested	Years 5-8 Speed & Agility (Paid Programme: starts Wk 2 - info on The Locker Room)	Rugby Union: Andrew Slack Squad (Years 11-12: 6:30-8am)
AFTERNOON	Time	Monday, 27th October	Tuesday, 28th October	Wednesday, 29th October	Thursday, 30th October	Friday, 31st October
Coorparoo AFL	3:30-5:00pm	2026 AFL FIRSTS & YEAR 10 SQUADS	2026 AFL YEARS 7 & 8 SQUADS	2026 AFL FIRSTS & YEAR 10 SQUADS	2026 AFL YEARS 6 & 9 SQUADS	
Easts Rugby Union	3:30-5:00pm				Rugby Union: Andrew Slack Squad	
Goold Hall	3:15-4:45pm			VOLLEYBALL 2026 YEAR 8 TRIALS	VOLLEYBALL 2026 YEAR 9 TRIALS	
Goold Hall	4:45-6:15pm		Postponed-VOLLEYBALL FIRSTS SQUAD		VOLLEYBALL FIRSTS SQUAD	
Little Langlands	3:15-4:45pm	2026 CRICKET YEAR 6 SQUAD TRIALS (3:30-5:00pm)	2026 CRICKET YEAR 7 SQUAD (3:30-5:00pm)	2026 CRICKET YEAR 8 SQUAD (3:30-5:00pm)	Rugby Union: Ben Mowen Squad	
Villa Park	3:45-5:15pm	CRICKET FIRSTS SQUAD	Football Firsts & Development Squads (Weeks 4, 6, 7 & 8)			
Whinstanes Oval	3:30-5:00pm		Years 5-6 Superkick (Paid Programme: starts Wk 3: info distributed Wk 2 Friday of Term 4)	Rugby Union: Andrew Slack Squad (Years 11-12: 3:15-4:45pm)	CRICKET FIELDING SKILLS (commencing Week 5)	Rugby Union: Andrew Slack Squad (Year 10)
S&C - Villa Gym	3:15-4:30pm	Rugby Union: Ben Mowen Squad (Years 8-9)	AFL FIRSTS (3:15-4:00) & VOLLEYBALL FIRSTS SQUADS (4:00-4:45)	Rugby Union: Andrew Slack Squad (Years 11-12: 3:15-4:45pm)	AFL FIRSTS & SWIMMING	Rugby Union: Andrew Slack Squad (Year 10)

SPORTS:

IN-SEASON SPORT (to take priority unless revised training plan devised with relevant coach/es and Sports Coordinator/s)

* TOUCH

* WATER POLO

* AFL

* CRICKET

* SWIMMING

* VOLLEYBALL

* Football

* Rugby Union

* User pays program

TRAINING VENUES:

Private transport of students to the venue. After before-school training, students are supervised to arrive at school at:

Little Langlands - Located off Main Avenue, Coorparoo, located near Easts Leagues Club and adjacent to the Villanova College campus.

Langlands Park Memorial Pool - 5 Panitya St, Stones Corner

One-way bus transport is available: from the training venue before school or to the training venue after school. Parents are to drop students at the venue before school and pick up students after training at:

Coorparoo AFL - Birubi St, Coorparoo

Easts Rugby Union - Halifax St, Norman Park

Villa Park - 957 Manly Rd, Tingalpa