



26 September 2025

Dear Parents and Caregivers,

Villanova College AIC Swimming – 2025/2026

Villanova College is a member of the Associated Independent Colleges (AIC), a school-based competition for students in Years 5–12. The annual AIC Swimming Championships will be held in Week 7 of Term 1, 2026.

For Villanova College to be competitive, we urge all current students and those who will be commencing their education at the College in 2026 to attend the Swimming Selection Trials in Term 4, 2025. Students who can swim 50 metres continuously in under 50 seconds are invited to attend trials. Unfortunately, this is not a Learn to Swim program.

Selection Trials for entry into the AIC Squad will take place in Week 2, Term 4 on the following days at Langlands Park Memorial Pool:

- Tuesday, October 14: 6:45-7:45am
- Thursday, October 16: 6:45-7:45am

Students are asked to arrive at Langlands Park Memorial Pool 15 minutes prior to start time.

Following the Selection Trials, students will be invited to continue training with the AIC Squad through Term 4, the Summer Holidays and into Term 1. Training will commence from Week 3, Term 4 from Monday, October 20. Squad selections will be available on Parent Lounge (or in an email to new families in 2026). Training for the selected AIC Squad will take place on:

- Monday mornings – full AIC Squad compulsory session – 6:30-7:45am
- Tuesday mornings – 6:45-7:45am
- Thursday mornings – 6:45-7:45am.

Training sessions will continue through Term 4 and into the holidays. The final session for 2025 will be **Thursday, December 18**. The program will then recommence from **Monday, January 5** and continue through until the AIC Championships in Term 1, 2026.

While the College appreciates that some students may choose to continue their pre-season training elsewhere, we would encourage all swimmers to consider joining the College's program. At the very least, we ask our Swimmers to attend the Monday morning compulsory squad sessions throughout the season.

All training sessions will be held at Langlands Park Memorial Pool, located at 5 Panitya Street, Stones Corner, and will be under the direction of experienced and accredited coaches.

Students are expected to arrive 10 to 15 minutes prior to each session start time.



Villanova Swimming Training Schedule: these sessions commence from Monday 20th October, 2025, at Langlands Park Memorial Pool (Green Squad Wednesdays will be at the Villanova College Pool).

Day	Students in Year 5 to 12 in 2026
Monday	6:30-7:45am (compulsory squad session)
Tuesday	6.45-7.45am
Wednesday	7.00-8.00am (Green Squad only at the Villanova College Pool)
Thursday	6.45-7.45am
Friday	Term 1, 2026 only: Swimming meets on Friday afternoons/early evenings – more information to follow

Please note: If training sessions are cancelled due to poor weather or unforeseen circumstances, updates will be posted on the *Villanova College* phone application and sessions may be adjusted or rescheduled where possible. Thank you for your understanding and support, the *Villanova College* phone application will be updated. Thank you for your understanding and support

Following the Term 4 Selection Time Trials in Week 2, successful students will be notified and families provided with further information, including payment options on Parent Lounge. If your son is not selected, he will be invited to join the Green Squad – an alternative program held at the Villa Pool during Terms 4 and 1 (school term only). This program runs one morning session each week (Wednesdays in Term 4). Full details will be shared after the trials.

Fees: Fees will be charged in three categories, all of which include the Week 2, Term 4 Time Trials:

Category 1 – *selected swimmer* available to attend all training sessions (3 per week). The cost is **\$275 per student** for the season, covering **19 weeks of training** plus a **Time Trial**. With three sessions each week, this works out to less than **\$4.75 per session** – excellent value given the quality and quantity of coaching provided.

Category 2 – *selected swimmer* who trains with another club and is only required to attend one compulsory squad session each Monday. Cost is **\$160 per student** for the season. This includes **20 sessions (including Time Trial) @ \$8 per session**. Students in this category must meet with Villanova College AIC Swimming Coordinator for Training and Performance, Ms Lauren Robinson, to ensure they qualify to be in this category.

Category 3 – Swimmers who are *unsuccessful after the Term 4 Time Trials* but still wish to continue training for Villa Swimming. Students in this category (the Green Squad) will be invited to attend one morning session each week (Wednesdays in Term 4) at the Villa Pool during Terms 4 and 1 (school term time only). The cost is **\$135 per student** for the season, covering **15 sessions (including Time Trial) at \$9 per session**.

For those wishing to trial for the AIC Swimming Squad 2025/2026, please complete the following link to register: [Term 1 2026 - Sport Registrations - Swimming](#)



Finally, we are planning to host a **Villanova College Performance Swim Camp on Thursday, January 15**, at Langlands Park Memorial Pool. Further information will be shared by the middle of Term 4, so please mark this date in your calendar. This will be a **user-pays opportunity** for students and is expected to include sessions with a Sports Dietitian, Sports Psychologist and Strength and Conditioning Coach. Brunch and lunch are to be provided for the whole squad as part of the program.

If you have any further queries, please contact via email the Villanova College AIC Swimming Coordinators Mrs Julie Colbert (Communication and Administration: jcolbert@vnc.qld.edu.au) and Ms Lauren Robinson (Training and Performance: lauren.robinson@vnc.qld.edu.au). Alternatively, for urgent matters please contact the Villanova College Director of Sport, Mr Matthew Hannan on 3394 5611 or via email (matthew.hannan@vnc.qld.edu.au).

Yours sincerely

Mr Matthew Hannan
Director of Sport

