

Term 3 Weeks 2-9 Sport Training Schedule - commences Monday 21 July, 2025: Basketball, Tennis & Rugby League (July 29 version)

Trimester 3 Sport Schedule for Weeks 2-9, Term 3.
Final sessions will be Week 9 of Term 3, Friday 12th September.



Weeks 2-9, Term 3*:

MORNING	Time	Monday	Tuesday	Wednesday	Thursday	Friday
Little Langlands – Chadwick Park	6:45-8:00am		Year 6 RL		Year 6 RL	
Goold Hall	6:30-8:00am	Second V & Third V BB	Year 7A/B BB	Fourth V & 11C BB	Second V & Third V BB	Year 5A/B BB
Multi-Court	6:30-8:00am	Year 6C/D BB	Year 7 C/D BB	Year 5C/D BB	Year 10C/D BB	Year 9C/D BB
Clem Jones Centre - Carina	6:30-7:45am		Year 11A/B & 8A/B BB		Year 11A/B BB	
Morningside Tennis Centre	6:30-7:45am	Years 5 & 6 Tennis	Years 7-12 Tennis	Years 5 & 6 Tennis	Years 7-12 Tennis	
Strength & Conditioning - Villa Gym	6:45-8:00am	Rugby League Year 10 & 9	Basketball Firsts	Years 7-8 LTAD	Years 9-12 LTAD	*Staff S&C session (6:30am-7:30am)
Speed & Agility - Whinstanes	7:00-8:00am	Years 5-8 (S&A Training - paid program: commencing Week 2)			Years 5-8 (S&A Training - paid program: commencing Week 2)	
AFTERNOON	Time	Monday	Tuesday	Wednesday	Thursday	Friday
Little Langlands – Chadwick Park	3:15-4:45pm		Year 5 RL		Year 5 RL	
Villa Park	3:45-5:15pm		Year 7 - Open RL		Year 7 - Open RL	
Goold Hall	3:15 - 4:45pm	9A/B BB	Year 10A/B BB	Year 6A/B BB	Year 10A/B BB	
Multi-Court	3:15-4:45pm		Year 5A/B BB	Year 8C/D BB	Year 8A/B BB	
Middle School Court	3:15-4:45pm		Year 6A/B BB	Colours Cup (commencing Week 4: August 6)	Year 7A/B BB	
Goold Hall	4:45-6:30pm		First V BB	Year 9 A/B BB	First V BB	
Morningside Tennis Centre	6:00-7:30pm		Tennis Firsts		Tennis Firsts	
Strength & Conditioning - Villa Gym	3:15-4:30pm	Years 7-12 LTAD	Years 9-12 LTAD	Rugby League Opens	Swimming/Track & Field	Basketball Years 9-Open/Tennis

In-Season Sports (take priority):

BB = Basketball @Goold Hall and Multi-Court at Villanova & Clem Jones Centre Carina - 56 Zahel St

RL = Rugby League @Little Langlands opposite Villanova College and Villa Park - 957 Manly Rd, Tingalpa

Tennis @Morningside Tennis Centre - 123 Beverley St, Morningside

Buses will transport Basketball/Tennis boys back from Clem Jones Centre and Morningside Tennis Centre to Villa in the mornings, from Mon 14th to Thurs 17th June.

Buses will transport boys one-way to Villa Park on Tues 15th and Thurs 17th afternoons. Parents need to collect from Villa Park at 5:15pm.

*There will be limited Sport training in Week 5, from Monday 11 to Friday 15 August - due to the Ekka Holiday, Interhouse T&F and QCMF. Firsts Teams and Track & Field will still have trainings on the Monday/Tuesday that week.