## **Term 3 Week 1 Sport Selection Trials Schedule - commences Monday 14 July: Basketball, Tennis & Rugby League (July 14 version)** Trimester 3 Sport Schedule purely for Week 1 of Term 3. **Basketball training sessions** <u>change</u> from Week 2 of Term 3. All Trimester 3 Sport sessions commence from Monday morning, 14th July (Term 3, Week 1).



## Week 1, Term 3:

MORNING	Time	Monday 14th July	Tuesday 15th July	Wednesday 16th July	Thursday 17th July	Friday 18th July
Goold Hall	6:30-8:00am		Year 6 Basketball (NO A/B squad members)	Year 5 BB	Year 10 BB	<del>Year 6 Basketball</del>
Little Langlands – Chadwick Park	6:30-8:00am		Year 6 RL		Year 6 RL	
Clem Jones Centre - Carina	6:30-7:45am	Years 8 & 11 BB	Years 7 & 9 BB		Years 8 & 11 BB	Years 7 & 9 BB
Morningside Tennis Centre	6:30-7:45am	Years 5 & 6 Tennis	Years 7-12 Tennis	Years 5 & 6 Tennis	Years 7-12 Tennis	
S&C - Villa Gym	6:45-8:00am	Rugby League Year 10 & 9	Basketball Firsts	Years 7-8 LTAD	Years 9-12 LTAD	*Staff S&C session (6:30am-7:30am)
Speed & Agility - Whinstanes	7:00-8:00am	Years 5-8 (S&A Training - paid program: commencing Week 2)			Years 5-8 (S&A Training - paid program: commencing Week 2)	
AFTERNOON	Time	Monday 14th July	Tuesday 15th July	Wednesday 16th July	Thursday 17th July	Friday 18th July
Little Langlands – Chadwick Park	3:15-4:45pm		Year 5 RL		Year 5 RL	
Villa Park	3:45-5:15pm		Years 7 - Open RL		Years 7 - Open RL	
Goold Hall	3:15-4:45pm	Opens BB	Iona A/B Trial	Opens BB		
Goold Hall	4:45-6:15pm		Iona A/B Trial	Basketball Firsts		
Morningside Tennis Centre	6:00-7:30pm		Tennis Firsts		Tennis Firsts	
S&C - Villa Gym	3:15-4:30pm	Years 7-12 LTAD	Years 9-12 LTAD	Rugby League Opens	Swimming/Track & Field	Basketball Years 9-Open/Tennis

## In-Season Sports (take priority):

BB = Basketball @Goold Hall and Multi-Court at Villanova & Clem Jones Centre Carina - 56 Zahel St RL = Rugby League @Little Langlands opposite Villanova College and Villa Park - 957 Manly Rd, Tingalpa Tennis @Morningside Tennis Centre - 123 Beverly St, Morningside

Buses will transport Basketball/Tennis boys back from Clem Jones Centre and Morningside Tennis Centre to Villa in the mornings, from Mon 14th to Thurs 17th June.

Buses will transport boys one-way to Villa Park on Tues 15th and Thurs 17th afternoons. Parents need to collect from Villa Park at 5:15pm.

Holiday Clinics and Training (Sport, date and location below)						
Strength and Conditioning	Rugby League	Firsts Tennis				
Tuesdays/Thursdays	Saturday 12th July	Dates below				
@College Gym across Holiday weeks	@Villa Park (purely attend on the day)	@Morningside Tennis Centre				
All ages: 7:30-9:00am	9.00am-10.30am Years 5-7	Tuesdays (6:00-7:30pm):				
	10.30am-12.00pm Years 8-10	24th June, 1st & 8th July				

\*\*Basketball A/B squads will trial on Tuesday, July 15 against Iona College (one-way buses for Years 7 to Opens leave Villanova College at 3:05pm on the Tuesday afternoon - announced teams are on Parent Lounge and Student Café)