



AFL

The Open & Year 10A AFL teams will continue some training sessions over the break.

All sessions are at Coorparoo AFL. Sessions are not compulsory, however boys are encouraged to attend where possible.

- Monday 2/12 – 6:30-7:30am
- Wednesday 4/12 – 6:30-7:30am
- Saturday 14/12 – 8:00-9:00am
- Saturday 21/12 – 8:00-9:00am
- Saturday 4/1/25 – 8:00-9:00am
- Saturday 11/1/25 – 8:00-9:00am
- Saturday 18/1/25 – 8:00-9:00am
- Monday 20/1/25 – 6:30-7:30am
- Wednesday 22/1/25 – 6:30-7:30am

From Tuesday 28th January, the Term 1 Training Schedule will commence. See the Locker Room Overview page for more details.

Contact Brian Pascoe bpascoe@vnc.qld.edu.au.

SWIMMING

Please note that the pre-season swimming program will continue throughout the holiday period up until **Thursday 12th December, 2024 – please note the change to the end date in December due to States, the last session for 2024 will now be Thursday 12th December.** Training will be conducted on Monday (6:30-7:45am), Tuesday and Thursday (7-8am) for Gold Squad members.

Training recommences from Monday 6th January, 2025.

Contact Juanita Jacobs jjacobs@vnc.qld.edu.au.





CRICKET – (1ST XI)

FRIDAY 10th January - 2025

DAY	TIME	OPPONENT	VENUE
Friday 10 th January	9.30am- 5.00pm	SLC (50 overs)	Runcorn Playing Fields

CRICKET CLINIC (YR 5-10 STUDENTS- 2025)

Mon 20th January to Wednesday 22nd January, 2025

SAVE THE DATE

Villanova Holiday Cricket Camp

Venue: Villanova Park, Manly Rd, Tingalpa

Ticket Price: \$225.00 Food & Drinks: BYO

Specialist coaching will be provided from current 'Villanova cricket team coaches' under the guidance of our current 1st XI cricket coach Mr Nathan Reardon. We're also excited to announce that current '**Brisbane Heat player**' **Michael Neser** will attend the camp on one day only.

To Register – please make camp payment through **Parent Lounge** (the registration for the cricket camp should be open by no later than 'Friday the 13th' of December).

All cricket camp enquiries to me made directly to **Villanova Cricket Coordinator Mr Nathan Dufty**.

ndufty@vnc.qld.edu.au

Time: 8am-12pm on each day

CRICKET – AIC T20

1ST XI TOURNAMENT

MONDAY 20th January – TUESDAY 21st January, 2025

Venue: Padua Playing Fields, Elliot Road, Banyo

DAY	TIME	VENUE	OPPOSITION
Monday 20 th	8am- 11am	Banyo Oval 2	IONA
Monday 20 th	11.15am- 2.15pm	Banyo Oval 3	SPC
Tuesday 21 st	8am- 11am (Finals)	TBC	TBC
Tuesday 21 st	11.15am- 2.15pm	TBC	TBC





YEAR 10A TOURNAMENT

WEDNESDAY 22nd January – THURSDAY 23rd January, 2025

Venue: Marist College Ashgrove, Frasers Road, Ashgrove

DAY	TIME	VENUE	OPPOSITION
Wednesday 22 nd	8am- 11am	Hayden/McMahon Oval	TBC
Wednesday 22 nd	11.15am- 2.15pm	Hayden/McMahon Oval	TBC
Thursday 23 rd	8am- 11am (Finals)	Hayden/McMahon Oval	TBC
Thursday 23 rd	11.15am- 2.15pm (Finals)	Hayden/McMahon Oval	TBC

CRICKET-TRIALS 1ST XI VS OLD BOYS T20.

YEAR 6A/B. 7A/B. 8A/B. 9A/B INTERNAL CRICKET TRIALS

FRIDAY 24th January, 2025

TEAM	TIME	VENUE	OVERS
1 ST XI vs OLD BOYS	2pm-5pm	Andrew Slack Oval	T20
9A/B	9.00am – 1.45pm	Andrew Slack Oval	35
8A/B	9.30am - 2pm	Fr. John Seary Oval	30
7A/B	9.30am - 2pm	Villa Park No. 3 (Turf)	30
6A/B	9.30am - 2pm	Villa Park No. 4 (Synthetic)	30

All cricketers and families are invited to join us and watch the annual 1st XI vs Old Boys T20 match. A sausage sizzle and drinks will be available to purchase, 'crowd catch prizes' will be on offer during the match with our resident 'Villanova DJ' providing the music/entertainment for the crowd.

Contact Mr Nathan Dufty ndufty@vnc.qld.edu.au if you have any enquiries about the trials or T20 match.





VOLLEYBALL CLINIC

Monday 20th January, 2025

Years 7 to Open

Venue: Goold Hall, Villanova College, 8th Avenue Coorparoo

Uniform: Sports PE uniform or any suitable sports clothing

Time	Court 1 – Goold Hall	Court 2 – Goold Hall
6.30am – 8.00am	Year 7	Year 7
8.00am – 9.30am	Year 8	Year 8
9.30am – 11.00am	Year 9	Year 9
11.00am – 12.30pm	Year 10	Year 10
12.30pm – 2.00pm	Year 11	Year 11
2.00pm – 3.30pm	2 nd VI	3 rd VI
3.30pm – 5.30pm	1stVI	1stVI

Tuesday 21st January, 2025

Years 7 to Open

Venue: Goold Hall, Villanova College, 8th Avenue Coorparoo

Uniform: Sports PE uniform or any suitable sports clothing

Time	Court 1 – Goold Hall	Court 2 – Goold Hall
6.30am – 8.00am	Year 7A	Year 7B
8.00am – 9.30am	Year 8A	Year 8B
9.30am – 11.00am	Year 9A	Year 9B
11.00am – 12.30pm	Year 10A	Year 10B
12.30pm – 2.00pm	Year 11A	2 nd /3 rd VI
2.00pm – 3.30pm	1 st VI	1 st VI

** Information regarding training and fixtures for sport in Term1 will be provided as soon as possible.

Contact Todd Kropp tkropp@vnc.qld.edu.au.





STRENGTH & CONDITIONING

Please note, the following sessions will be available in the Xmas holidays:

- December 2024 – from Mon 2nd to Friday 20th Dec
 - Mon/Wed/Fri Villa gym -7:45-9am (Andrew Slack Rugby only)
 - Tues/Thurs Villa gym – 7:45-9am (any student Years 7-11)
 - **Tuesday's Speed Development Session @ Langlands – 8-9am (any students Years 7-11)**
- January 2025 – from Mon 6th to Friday 24th Jan
 - Mon/Wed/Fri Villa gym -7:45-9am (Andrew Slack Rugby only)
 - Tues/Thurs Villa gym – 7:45-9am (any student Years 7-11)
 - **Tuesday's Speed Development Session @ Langlands – 8-9am (any students Years 7-11)**

Boys need to bring a towel and water bottle to gym sessions. For the Speed sessions a towel, water bottle, hat and sunscreen.

The Term 1, 2025 schedule will then commence from Tuesday afternoon 28th January (first day of school for some year levels). The Term 1 Training Schedule is available on the Locker Room Overview page.

RUGBY UNION SQUADS

There will be a training camp held at Villa Park for the Rugby Andrew Slack Squad (and possibly the Ben Mowen Squad) in January 2025. This information will be distributed to the relevant students and families in the new year.

FOOTBALL SQUADS

There will be a training camp held at Villa Park/College for the Firsts Football Squad in January 2025.

January 15th @ Villa Park

January 16th @ Villa Park

January 17th @ College Campus.

Each day will be 9:00am – 2:00pm.

Head Coach Mr. Hudson Rogers will communicate this information and other camp details to all Football squad members.

