

Term 4 Sport - Training Schedule - Weeks 2-3 only - commences Tuesday 8 October, 2024.



Note - the only training sessions in Week 1, Term 4 are Track & Field sessions. Refer to the T&F Season Schedule on Locker Room.

Note - no session on Monday 7th October, public holiday.

This schedule is only for Weeks 2-3. Selection Trials for AFL, Cricket and Volleyball will commence in Week 4, Term 4 from Monday 21st October. There will be an updated schedule for Weeks 4-9 available soon.

MORNING	Time	Monday	Tuesday	Wednesday	Thursday	Friday
Little Langlands - Chadwick Park	6:30-8:00am	Zone Cricket	Zone Cricket	Zone Cricket		Cricket Firsts & Dev Squads
			Ben Mowen Squad			
Langlands Pool	Varied	Swimming - Squad session (6:30-7:45am)	Swimming (7-8am)		Swimming (7-8am)	
Coorparoo AFL - Birubi St	6:15-7:45am	AFL Firsts Squad		AFL Firsts Squad		
S&C - Villa Gym	6:45-8am	Rugby Andrew Slack Squad (6:30-8am)	Cricket Firsts & Dev Squads	Football Firsts Squad	Rugby Ben Mowen Squad	Rugby Andrew Slack Squad (6:30-8am)
Speed & Agility - Whinstanes	7:00-8:00am					Years 5-8 Paid Programme
AFTERNOON	Time	Monday	Tuesday	Wednesday	Thursday	Friday
Easts Rugby Union - Halifax St	3:30-5:00pm				Rugby Andrew Slack Squad	
Goold Hall	4:45-6:30pm		Volleyball Firsts Squad		Volleyball Firsts Squad	
Villa Park	3:45-5:15pm	Football Firsts Squad	Football Dev Squad	Cricket Firsts Squad		
S&C - Villa Gym	3:15-4:30pm	Rugby Ben Mowen Squad	AFL Firsts & Volleyball Firsts Squads	Rugby Andrew Slack Squad (3:15-4:45pm)	AFL Firsts & LTAD Years 7-9 & Swimming	Football Dev Squad

Staff Session - 4:30-5:15pm

- * AFL
- * Cricket
- * Swimming
- * Volleyball
- * Football
- * Rugby Union

Easts Rugby Union - Halifax St, Norman Park
 Coorparoo AFL - Birubi St, Coorparoo
 Langlands Pool - 5 Panitya St, Stones Corner

Buses will transport AFL boys from Coorparoo to Villanova College on Mon and Wed mornings.

Buses will transport Cricket and Football boys one-way to Villa Park on Mon, Tues and Wed afternoons and Easts Rugby Union on Thurs afternoons. Parents pick-up from venues after training.