

28 August 2023

Dear Parents and Caregivers

Villanova College Swimming Training - 2023/2024

Villanova College is a member of the AIC (Associated Independent Colleges) which is a schoolbased competition involving students from Year 5 - 12.

The annual AIC Swimming Championship will be held in Week 7 of Term 1, 2024. For Villanova College to be competitive and to do well, we urge all current students and those who will be commencing their education at the College in 2024 to commence swimming training in Term 4, 2023.

Training will commence for all students (current and new) on Tuesday 10 October 2023 and will continue every Tuesday, Thursday and Friday morning throughout the entire season. These sessions will run up to and include Friday 22 December 2023. The program will recommence on Tuesday 9 January 2024 and through until Week 1, Term 1. Following that, similar training sessions and meets will be scheduled for Term 1 leading into AIC Championships in Week 7.

While the College appreciates that some students may choose to continue their pre-season training elsewhere, we would encourage all swimmers to consider joining the College's programme. Participation or non-participation in our pre-season schedule will not guarantee a place in our final squad. However, we do believe it will strengthen your chance to do well at the trials and aid in building a strong College swimming culture.

All training sessions will be held at Langlands Park Memorial Pool, located at 5 Panitya Street, Stones Corner and will be under the direction of experienced and accredited coaches.

Training is open to all students who hope to become a member of Villanova's 2024 swim team. Please note that these sessions are for students who are capable swimmers only, they <u>are not</u> 'learn to swim' sessions. Parents who are looking for 'learn to swim' sessions may wish to enrol their son/s in an alternate program run at Langlands Pool.

Villanova Swimming Training Schedule

The following training schedule commences Tuesday 10 October for current Villanova students and students commencing at the College in 2024.



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Day	Students in Year 5 - 12 in 2024
Monday	
Tuesday	7.00am – 8.00am
Wednesday	
Thursday	7.00am – 8.00am
Friday	6.15am – 7.45am

Fees: A flat fee of \$225 will be charged per student for all training sessions up until the start of the 2024 school year. This includes all sessions over the summer holiday period. Students are then entitled to attend as many training sessions as possible throughout this period. Altogether, those who join the program could have access up to 55 training sessions throughout this period at a cost of only \$225 (this is approximately \$4 per session supervised by highly skilled and qualified swim coaches). The more sessions you attend the more value for money you receive. This represents outstanding value.

We also ask that all members of the Jets Swim Club participate in at least one of the Villanova squad sessions each week. These additional sessions will help build team spirit and provide further skills training for Met East squads, and relay practice. The Friday morning session will be targeted as our 'whole squad session.'

For those wishing to enrol in the swim program, please click the link below to register your details online. Information regarding payment can also be found within this link. Please understand that the personal details and emergency contact information provided within the registration form will be shared with the staff from Langlands Pool. Staff at Langlands Pool do not have access to the College's database and need your contact information in the event of an emergency. If your details change you must notify the Villanova College Sports Office (details below) as the updated information the College receives is not shared with Langlands Pool staff. If you do not consent to your emergency details being shared with the staff from Langlands Pool, we will be unable to allow you to participate in the program.

AIC Swimming Registration - 2023/24 Season

Flipper/Pool Buoy and Bag: All students are required to purchase their own kick board, flippers and pool buoy for training. Langlands Pool will supply your son with a training pack at a cost of \$100. Please find attached the order form, which must be lodged with Langlands Pool directly (not Villanova College) to receive your training gear at a discounted price.



For those who wish to take advantage of this opportunity, please complete all information required in the registration link above. Late comers into the swim program will be accepted; however, they will be required to pay the full fee.

If you have any further queries please contact the Villanova College Swim Coordinator, Mrs Juanita Jacobs via email <u>jjacobs@vnc.qld.edu.au</u>. Alternatively, please contact the Villanova College Director of Sport, Mr Shaun McLean on 3394 5611 or via email <u>smclean@vnc.qld.edu.au</u>.

Yours sincerely

Mr Shaun McLean Director of Sport

