



Associated
Independent
Colleges

AIC CROSS COUNTRY 2023

Wednesday May 31 | Curlew Park

| | | | |
|--------|---------|----------|-----|
| EVENTS | 10.15am | Year 5 | 2km |
| | 10.30am | Year 6 | 3km |
| | 10.50am | 12 Years | 3km |
| | 11.10am | 13 Years | 3km |
| | 11.30am | 14 Years | 4km |
| | 12.00pm | 15 Years | 4km |
| | 12.30pm | 16 Years | 6km |
| | 1.00pm | Open | 6km |

PRESENTATION: 1.45pm - 2.00pm

COURSE WALK THROUGH: 9.15am – 9.45am (Individual schools to supervise)

NOMINATIONS CLOSE: **Friday May 26 Midday**

Schools are to email their nominations to Kerri Stariha by the due date.

Competitor changes can be sent to Kerri Stariha up to 9am Tuesday May 30

COURSE DESCRIPTION:

Curlew Park consists of a 1.5km and 2km course.

PARKING

Parking for officials, Principals and HOS will be located in the car park adjacent to Curlew Park.

Please do not park in residential driveways. Parking for mini buses may park in Curlew Park carpark if there is space. COACHES ARE TO PARK IN THE SURROUNDING STREETS (THIS MAY INCLUDE RAINBOW ST, FULHAM ST AND BEATHAM ST). PLEASE NOTE IT MAY BE PREFERABLE IF THE LARGE COACHES ARE USED TO DROP OFF AND PICK UP ONLY)

CANTEEN: There will be a canteen in operation

SPECTATOR MOVEMENT AROUND THE COURSE:

As this is an open area course, schools are requested to remind spectators to move with caution during the competition and **NOT TO CROSS THE TRACK WHILE A RACE IS IN PROGRESS**

SCHOOLS MUST INSTRUCT PARENTS AND SPECTATORS THAT THEY ARE NOT PERMITTED IN THE FINISH AREA OR WITHIN ANY BARRICADED AREA WHICH IS SPC OVAL NUMBER 1.



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SCHOOL RACING NUMBERS FOR COMPETITION

| | | | |
|---------------------|----------------|--------------------|----------------|
| IONA | 1-96 | MARIST | 101-196 |
| PADUA | 201-296 | ST EDMUNDS | 301-372 |
| ST LAURENCES | 401-496 | ST PATRICKS | 501-596 |
| ST PETERS | 601-696 | VILLANOVA | 701-796 |
| ATC | 801-896 | | |

GENERAL INFORMATION:

- There will be an announcement over the PA 15 minutes prior to the start of each event to alert runners. Runners will also get a last '5 minute' marshal call.
 - IT IS THE RUNNER'S RESPONSIBILITY TO BE AT THE MARSHALLING AREA AT THIS TIME. The start will not be delayed due to the late arrival of competitors.
- The course will be clearly marked with coloured markers.
- White will be on the right, red will be on the left. Yellow markers on the inside of the turn indicate a change of direction.
- Officials will direct runners at all major turns and along the course.
- Officials will use walkie talkies to keep account of runners and report any problems to the official area.
- Competitors who do not follow the course could be disqualified.
- **INJURY:**
 - Competitors should report any injured runners to the next official.
 - ONLY OFFICIALS ARE TO MAKE DECISIONS REGARDING THE TREATMENT AND REMOVAL OF AN INJURED COMPETITOR FROM THE COURSE.
 - PLEASE EMPHASISE TO PARENTS THAT IF THEY SEE AN INJURED COMPETITOR, THEY SHOULD IMMEDIATELY NOTIFY AN OFFICIAL TO REQUEST FIRST AID.
- Competitors must wear official school uniform.
- All competitors will be issued with a race number which must be pinned to their uniform. This numbered bib will contain the microchip for recording purposes.
- All schools and coaching staff should be aware and responsible for any competitors that have injuries and/or health concerns (such as asthma)



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- COMPETITORS RESPONSIBILITIES
 - Each competitor must wear the issued race number with microchip.
 - No competitor shall use an IPOD or similar musical devices whilst competing
 - All competitors must wear their college singlet (or equivalent) and shorts
 - All competitors must report to the marshalling area 5 minutes before their race.
 - At the conclusion of the race, ALL competitors must report to the recording desk even if they do not finish the race. If the runner is unable to do this a representative from that school must report to the manual recording desk.
- OFFICIALS:
 - **The following schools are required to provide 3 on course officials: IONA, VILLANOVA, ST PETERS, ASHGROVE, ST LAURENCES & ATC**
 - **Host Schools SEC & SPC to provide on-course staff at vital areas as needed**
 - **PADUA WILL PROVIDE THE NECESSARY STAFF AS THE RECORDING SCHOOL.**
 - Officials are to attend a briefing at the recording tent at 9.45am where they will receive all the relevant information. THEY MUST NOT BE LATE. Officials should bring a chair, umbrella, pad and pencil and should be conversant with their job description.
 - PLEASE ENSURE THAT OFFICIALS RECEIVE THE MAP AND STATION INFORMATION DISTRIBUTED BY SPC
- TENT POSITIONS (behind tree line, positioned from the finish line end)

| | |
|---------|-----------|
| 1. SPC | 6. MARIST |
| 2. SPLC | 7. VILLA |
| 3. ATC | 8. IONA |
| 4. SLC | 9. PADUA |
| 5. SEC | |
- LANE ORDER: – Please refer to the lane draw below
- THE START: is on the lower corner of SPC Oval 2. Each school will be given THREE places on the start line as indicated. Their fastest runners should take these places with the other competitors lining up behind.
- THE FINISH: will be in front of the terraced spectator seating. Places will be recorded both manually and electronically. Runners will receive a place ticket at the end of the race. ALL RUNNERS WHETHER THEY FINISH THE RACE OR NOT MUST TAKE THIS TICKET TO THE MANUAL RECORDING DESK AT THE END OF THE FINISH SHUTE TO BE MARKED OFF.
- Schools are asked to have one assistant (NOT A PARENT) who can attend to their students in the event they require help after they have crossed the finish line. These assistants must not interfere with the competitors entering the finish area or enter the roped off area unless it is absolutely necessary.



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- **PRESENTATION:** At 1.45pm schools are asked to assemble in their college areas behind the barricade for the official presentation. Captains will assemble at the presentation area.
- **Facility cleanliness:** Please ask your teams to be responsible in keeping the venue, particularly the toilet facilities. Council bins will be provided on site. Schools are asked to bring extra garbage bags for clean up.
- **RESULTS –** At the conclusion of each race, the preliminary results can be reviewed by one school representative. **DO NOT SEND STUDENTS**

| | |
|-------------------------|--------------------|
| REFEREE | Brisbane Athletics |
| ANNOUNCER/STARTER | SEC |
| RECORDERS/TIMERS/JUDGES | PADUA |

PARKING

PRINCIPALS & OFFICIALS PARKING – Curlew St carpark

SPECTATOR PARKING – available in surrounding streets (Rainbow St, Fulham St, Beatham St) or in the park - please be mindful that parking is limited in the park.

STARTER

Please report to the start 10 minutes before the commencement of the race.

STARTER AND ASSISTANT will take a count of the competitors in the race. Please relay this to the walkie talkie controller at the recording table All schools will be given 3 start positions on the line.

WATER AND FIRST AID HELPERS

Hand out water and assist any competitor requiring medical attention. If the competitor needs to be taken away, record competitors' number and report to the finish marshals.

WALKIE TALKIE CONTROL

Explains instructions and gives directions to the On Course Supervisors.

Issues equipment to helpers.

Records any student (number and school) who is reported injured or who withdraws. This information is then given to the recorders.

Please return Walkie Talkies to the recording tent at the conclusion of the competition

ANNOUNCER

Calls competitors to marshal for the start of the event.

Make general announcements.

Notes the number in the race from the Start Marshall's sheet and records any student (number and school) who is reported injured or who withdraws.

This information is then given to the recorders prior to the start of the race



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9.45am BRIEFING FOR ALL COURSE MARSHALLS (Recording area with SPC Staff)

Please position yourselves off the course, but in a position where you can observe / direct the runners.

Note any disruptions to the competitors or interference by another runner. If this occurs, note the SCHOOL and NUMBER OF THE COMPETITOR and make a report to the RECORDING TABLE. Offer assistance to a disabled runner and send your helper for medical assistance. The map will detail the nearest walkie talkie.

Supervisors with mobile phones please contact SPC organising staff or the nearest checkpoint staff with a walkie talkie as soon as possible.

For calls other than for injury - contact SPC staff in charge

In the event a runner is unable to continue the race, please note the competitors number as well as the school. Return this information to the recorders area ASAP.

Please remain on the course until the final runner has passed your checkpoint then bring any checkpoint markers in and return them to SPC staff.

PLEASE NOTE

Parents/spectators can assist but NOT remove a runner from the course UNLESS the runner is in immediate danger. If this occurs, contact is to be made immediately to the recording table / medical area for assistance.

SPC TO SEND MAP AND COURSE STATIONS



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**AIC CROSS COUNTRY 2023
LANE DRAW - Final**

| STALL | SCHOOL |
|--------------|---------------------|
| 1 | ST PATRICK'S |
| 2 | ST PETERS |
| 3 | ATC |
| 4 | ST LAURENCES |
| 5 | ST EDMUNDS |
| 6 | MARIST |
| 7 | VILLANOVA |
| 8 | IONA |
| 9 | PADUA |

Each school to have 3 starting positions within their stall.
Boys are to assemble behind their school sign prior to start