TRAINING SCHEDULE - TERM 3. 2022

AIC Tennis (Year 5 to 12 - Round 1: 23/07/22) AIC Basketball (Year 5 \& Year 6 - Round 1: 22/07/22; Year 7 to 12 - Round 1: 23/07/22) AIC Rugby League (Year 5 to 12 - Round 1: 23/07/22) AIC Track \& Field (starts 16/08/22)

|  | MORNING | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Rugby League | Little Langlands - (Chadwick Park) | Year 10 | Year 7 | Year 10 | Year 5 \& Year 6 | Year 9 Main |
| Tennis | Morningside Tennis Centre <br> 6:30am - 7:45am - Transport Provided from Morningside to the College |  | $\begin{gathered} 7 \mathrm{~A} \& 7 \mathrm{~B}, 8 \mathrm{~A} \& 8 \mathrm{~B} \\ 9 \mathrm{~A} \& 9 \mathrm{~B}, 10 \mathrm{~A} \& 10 \mathrm{~B} \\ 2^{\text {nd }} \mathrm{IV}-3^{\text {rd }} \mathrm{IV} \\ 4^{\text {th }} \mathrm{IV}-5^{\text {th }} I V \end{gathered}$ |  | $\begin{gathered} 7 \mathrm{~A} \& 7 \mathrm{~B}, 8 \mathrm{~A} \& 8 \mathrm{~B} \\ 9 \mathrm{~A} \& 9 \mathrm{~B}, 10 \mathrm{~A} \& 10 \mathrm{~B} \\ 2^{\text {nd }} I V \& 3^{\text {rd }} \mathrm{IV} \\ 4^{\text {th }} I V-5^{\text {th }} I V \end{gathered}$ |  |
| Basketball | $\begin{aligned} & \text { Goold Hall: } \\ & \text { 6:30am - 8:00am } \end{aligned}$ | 6 A \& 6B | 10A \& 10B | $2^{\text {nd }} \mathrm{V}-3^{\text {rd }} \mathrm{V}$ | $2^{\text {nd }} \mathrm{V}-3^{\text {rd }} \mathrm{V}$ | 5A \& 5B |
|  | Clem Jones - Transport provided 6:30am - 8:00am |  | $\begin{gathered} 7 A \& 7 B, 11 A \& 11 B \\ 9 A \& 9 B \end{gathered}$ |  | $\begin{gathered} \hline 7 A \& 7 B, 8 A \& 8 B \\ 9 A \& 9 B \end{gathered}$ |  |
|  | Outdoor Multi Courts No. 1 6:45am - 8:00am | 8C \& 8D | 11 C \& $4^{\text {th }} \mathrm{V}$ | 10C \& 10D | 6A \& 6B | 5C \& 5D |
| Track and Field Middle Distance | Coorparoo AFC- Transport provided 6:30am - 7:30am 15 ${ }^{\text {th }}$ August start | Year 7 - Year 12 |  | Year 7 - Year 12 |  |  |
|  | AFTERNOON | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Rugby League | Little Langlands - (Chadwick Park) | $1{ }^{\text {st }} \mathrm{XIII}$ | Year 5 \& Year 6 Year 9 Main Oval | Year 7 \& Year 8 | $1^{\text {st }}$ XIII | Year 8 |
| Basketball | Goold Hall: <br> 3:15pm - 5:00pm | $\begin{gathered} 11 \mathrm{~A} \& 11 \mathrm{~B} \\ 1^{\text {st }} \mathrm{V} 5 \mathrm{pm}-7 \mathrm{pm} \end{gathered}$ | 8A \& 8B | $\begin{gathered} 10 \mathrm{~A} \& 10 \mathrm{~B} \\ 1^{\text {st }} \mathrm{V} 5 \mathrm{pm}-7 \mathrm{pm} \end{gathered}$ |  | AIC Junior School Games |
|  | Outdoor Multi Courts No. 1 3:15pm - 4:30pm | 5A \& 5B | 9C \& 9D | 6C \& 6D | 7C \& 7D | AIC <br> Junior School Games |
| Tennis | Morningside Tennis Centre |  | 5A \& 5B, 6A \& 6B <br> $4: 15 \mathrm{pm}-5: 45 \mathrm{pm}$ | 5A \& 5B, 6A \& 6B <br> 4:15pm - 5:45pm <br> $1^{\text {ST }}$ IV Tennis <br> 6:00pm - 7:30pm |  | $\begin{gathered} 1^{\text {ST }} \text { IV Tennis } \\ \text { 6:00pm - 7:30pm } \end{gathered}$ |
| Track and Field | Villanova Park Transport Provided 3:30pm - 5:00pm 16 ${ }^{\text {th }}$ August start |  | Track \& Field |  | Track \& Field |  |
| Track and Field Middle Distance | Little Langlands <br> 3:15pm -4:30pm $15^{\text {th }}$ August start | Year 5 \& Year 6 |  | Year 5 \& Year 6 |  |  |

