

TRAINING SCHEDULE – TERM 2, 2023

MORNING	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Little Langlands (Chadwick Park)	Cross Country Years 5 – Open 6:45–8:00am Football Year 5A, 5B 6:45-8:00am	Rugby Year 6A, 6B 6:45-8:00am	Cross Country Years 5 – Year 12 6:45–8:00am Football Year 5A, 5B 6:45-8:00am	Rugby Year 5A, 5B, 5C 6:45-8:00am	Cross Country Years 5 – Year 12 6:45–8:00am
Whinstanes Oval	Football Year 5C, 5D 6:45-8:00am	Rugby Year 6C, 6D 6:45-8:00am	Football Year 5C, 5D 6:45-8:00am	Rugby Year 5D, 5E 6:45-8:00am	
East's Rugby League			Rugby 1 st XV 6:45-7:45am		
Goold Hall	Basketball Sabres 6:30–8:00am	Basketball Cubs 6:30–8:00am	Basketball Cubs & Sabres 6:30–8:00am		
AFTERNOON	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Little Langlands (Chadwick Park)	Football Year 6A, 6B 3:15-4:30pm	Rugby Year 5A, 5B, 5C 6:45-8:00am	Football Year 6A, 6B 3:15-4:30pm	Rugby Year 6A, 6B 6:45-8:00am	
Whinstanes Oval	Football Year 6C, 6D 3:15-4:30pm	Rugby Year 5D, 5E 6:45-8:00am	Football Year 6C, 6D 3:15-4:30pm	Rugby Year 6C, 6D 6:45-8:00am	
Villanova Park <i>*Field allocations for Football & Rugby on the next page.</i>	Football Year 7-Open 3:45-5:15pm	Rugby Year 7-Open 3:45-5:15pm	Football Year 7-Open 3:45-5:15pm	Rugby Year 7-Open 3:45-5:15pm	
Morningside Tennis Centre			Tennis Senior Program 6:00-7:30pm		
Goold Hall *External		1 st Basketball 4:45pm – 6:45pm	1 st Basketball 4:45pm - 6:45pm	*East's Volleyball 6:00pm – 9:00pm	1 st Basketball 3:15pm – 4.30pm

Field allocations for Football and Rugby training Term 2, 2023.

Football @ Villa Park, Monday and Wednesday:

- Field 1/8 – Opens
- Field 2 – 9C, 9D, 10C
- Field 3 – 9A, 9B
- Field 4 – 10A, 10B
- Field 5 – 1st XI & 2nd XI
- Field 6 – Year 7
- Field 7 – Year 8

Rugby @ Villa Park, Tuesday and Thursday:

- Field 1/8 – 1st XV & 2nd XV
- Field 2 – Opens
- Field 3 – Year 8
- Field 4 – Year 7
- Field 5 – spare (2nd XV team run on Thurs)
- Field 6 – 10A, 9A
- Field 7 – 10B, 10C, 9B, 9C

