



Associated
Independent
Colleges

AIC TRACK AND FIELD 2022

TRACK PROGRAM | THURSDAY OCTOBER 6

TIME	EVENT	AGE GROUP	DIVISION
2:15pm	60m Hurdles	Year 5	1 - 4
	60m Hurdles	Year 6	1 - 4
	90m Hurdles	12 Years	1
	90m Hurdles	13 Years	1
	100m Hurdles	14 Years	1
	100m Hurdles	15 Years	1
	110m Hurdles	16 Years	1
	110m Hurdles	Open	1
3:00pm	800m	Year 5	1 - 4
	800m	Year 6	1 - 4
4.00pm	1500m	12 Years	1
	1500m	13 Years	1 & 2
	1500m	14 Years	1 & 2
	1500m	15 Years	1 & 2
	1500m	16 Years	1 & 2
	1500m	Open	1 & 2

FIELD PROGRAM | THURSDAY OCTOBER 6

TIME	EVENT	AGE GROUP	DIVISION
1.15 pm	Long Jump	Year 5	1 & 2
	Long Jump	Year 6	1 & 2
2:00pm	High Jump	12 Years	1
	Discus	13 Years	1 & 2
	Triple Jump	14 Years	1 & 2
	Shot Put	15 Years	1 & 2
	Long Jump	16 Years	1 & 2
	Javelin	Opens	1 & 2
3:00pm	Javelin	12 Years	1
	High Jump	13 Years	1
	Discus	14 Years	1 & 2
	Triple Jump	15 Years	1 & 2
	Shot Put	16 Years	1 & 2
	Long Jump	Open	1 & 2
4:00pm	Long Jump	12 Years	1 & 2
	Javelin	13 Years	1 & 2
	High Jump	14 Years	1
	Discus	15 Years	1 & 2
	Triple Jump	16 Years	1 & 2
	Shot Put	Open	1 & 2



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TRACK PROGRAM | FRIDAY OCTOBER 7

TIME	EVENT	AGE GROUP	DIVISION
8.45am	3000m	Open	1
9.05am	200m	Year 5	1 – 8
	200m	Year 6	1 – 8
	200m	12 Years	1
	200m	13 Years	1
	200m	14 Years	1
	200m	15 Years	1
	200m	16 Years	1
	200m	Open	1
9.50am	800m	12 Years	1 & 2
	800m	13 Years	1 & 2
	800m	14 Years	1 & 2
	800m	15 Years	1 & 2
	800m	16 Years	1 & 2
	800m	Open	1 & 2
10.35am	100m	Year 5	1 - 8
	100m	Year 6	1 - 8
	100m	12 Years	1 - 4
	100m	13 Years	1 - 4
	100m	14 Years	1 - 4
	100m	15 Years	1 - 4
	100m	16 Years	1 - 4
	100m	Open	1 - 4
12.00pm	400m	12 Years	1
	400m	13 Years	1
	400m	14 Years	1
	400m	15 Years	1
	400m	16 Years	1
	400m	Open	1
12.20pm	6 x 400m Relay	All Age	1
12.30pm	4 x 100m Relay	Year 5	1 & 2
	4 x 100m Relay	Year 6	1 & 2
	4 x 100m Relay	12 Years	1
	4 x 100m Relay	13 Years	1
	4 x 100m Relay	14 Years	1
	4 x 100m Relay	15 Years	1
	4 x 100m Relay	16 Years	1
	4 x 100m Relay	Open	1



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FIELD PROGRAM | FRIDAY OCTOBER 7

TIME	EVENT	AGE GROUP	DIVISION
9:00am	Shot Put	12 Years	1 & 2
	Long Jump	13 Years	1 & 2
	Javelin	14 Years	1 & 2
	High Jump	15 Years	1
	Discus	16 Years	1 & 2
	Triple Jump	Open	1 & 2
10:00am	Shot Put	Year 5	1 & 2
	High Jump	Year 6	1 & 2
	Triple Jump	12 Years	1
	Shot Put	13 Years	1 & 2
	Long Jump	14 Years	1 & 2
	Javelin	15 Years	1 & 2
	High Jump	16 Years	1
	Discus	Open	1 & 2
11:00am	High Jump	Year 5	1 & 2
	Shot Put	Year 6	1 & 2
	Discus	12 Years	1
	Triple Jump	13 Years	1 & 2
	Shot Put	14 Years	1 & 2
	Long Jump	15 Years	1 & 2
	Javelin	16 Years	1 & 2
	High Jump	Open	1
1.30pm	PRESENTATION OF TROPHIES AND PENNANTS		