



22 August 2022

VILLANOVA COLLEGE

Dear Parents and Caregivers

Villanova College Swimming Training – 2022/2023

Villanova College is a member of the AIC (Associated Independent Colleges) which is a school-based competition involving students from Year 5 - 12.

The annual AIC Swimming Championship will be held in Week 7 of Term 1, 2023. For Villanova College to be competitive and to do well, we urge all current students and those who will be commencing their education at the College in 2023 to commence swimming training NOW.

Training will commence for all current students on Tuesday 6 September 2022 and will continue every Tuesday, Thursday and Friday morning throughout the entire season. For those students who are commencing at Villanova in Years 5 and 7 in 2023, training will commence in Week 1, Term 4 2022 (on Tuesday 4 October) as per the schedule below. These sessions will run up to and include Friday 16 December 2022. The program will recommence on Tuesday 3 January 2023 and will run until the end of Week 1, Term 1, 2023 at which time selection trials will be held. Further information regarding these trials will be provided next year.

While the College appreciates that some students may choose to continue their pre-season training elsewhere, we would encourage all swimmers to consider joining the College's program. All students who are interested in joining Villanova's swim team will be required to attend trials in Week 1, 2023. Participation or non-participation in our pre-season schedule will not guarantee a place in our final squad. However, we do believe it will strengthen your chance to do well at the trials and aid in building a strong College swimming culture.

All training sessions will be held at Langlands Park Memorial Pool, located at 5 Panitya Street, Stones Corner, and will be under the direction of Mr Felipe Barraza Rojas - Villanova Swim Coach (Year 9 - 12) and Ms Kerry Holland - Villanova Swim Coach (Year 5 - 8).

Training is open to all students who hope to become a member of Villanova's 2023 swim team or for students wishing to increase their physical fitness. Please note that these sessions are for students who are capable swimmers only, they are not 'learn to swim' sessions. Parents who are looking for 'learn to swim' sessions may wish to enrol their son/s in an alternate program run at Langlands Pool.

Villanova Swimming Training Schedule

(Commencing Tuesday 6 September for current Villanova students and on Tuesday 4 October for students commencing at the College in 2023)

Day	Students in Year 5 - 12 in 2023
Monday	
Tuesday	7.00am – 8.00am
Wednesday	
Thursday	7.00am – 8.00am
Friday	6.15am – 7.45am

Fees: A flat fee of \$200 will be charged per student for all training sessions up until the start of the 2023 school year. This includes all sessions over the summer holiday period. Students are then entitled to attend as many training sessions as possible throughout this period. Altogether, those who join the program could have access up to 50 training sessions throughout this period at a cost of only \$200 (this is \$4 per session by highly skilled and qualified swim coaches). The more sessions you attend the more value for money you receive. This represents outstanding value.

Kerry Holland has asked all members of the Jets Swim Club to participate in at least one of the Villanova squad sessions each week. These additional sessions will help build team spirit and provide further skills training for Met East squads, and relay practice.

For those wishing to enroll in the swim program, please click the link below to register your details online. Information regarding payment can also be found within this link. Please understand that the personal details and emergency contact information provided within the registration form will be shared with the staff from Langlands Pool. Staff at Langlands Pool do not have access to the College's data base and need your contact information in the event of an emergency. If your details change you must notify the Sports Office (details below) as the updated information the College receives is not shared with Langlands Pool. If you do not wish for your emergency details to be shared with the staff from Langlands Pool, we will be unable to allow you to participate in the program.

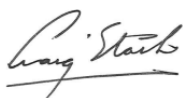
[Villanova Swimming Registration Link](#)

Flipper/Pool Buoy and Bag: All students are required to purchase their own flippers and pool buoy for training. Langlands Pool will supply your son with a training pack at a cost of \$100. Please find attached the order form, which must be lodged with Langlands Park Pool directly (not Villanova College) to receive your training gear at a discounted price.

For those who wish to take advantage of this opportunity, please complete all information required in the registration link above. It is common for most boys to commence the program in Term 4 although there is an option to start earlier for the current students. Late comers into the swim program will be accepted; however, they will be required to pay the full fee.

If you have any further queries please contact the Villanova College Swim Coordinator, Mrs Juanita Jacobs via email jjacobs@vnc.qld.edu.au. Alternatively, please contact the Villanova College Sports Office on 3394 5621 or via email sportsoffice@vnc.qld.edu.au

Yours sincerely



Mr Craig Stariha
Director of Sport



FLIPPER PACK ORDER FORM

This form is to be lodged directly with Langlands Park Memorial Pool

Phone - 3397 7436

Email - admin@langlandspool.com

Student's Name	
Year level in 2023	
Parent Name	
Parent Mobile	

Cost: \$100

Please tick selection

Flipper Size	3 - 5 <input type="checkbox"/>	5 - 7 <input type="checkbox"/>	7 - 9 <input type="checkbox"/>	9 - 11 <input type="checkbox"/>	11 - 13 <input type="checkbox"/>	13 - 15 <input type="checkbox"/>
Pull Buoy	3 layer (Year 5 - 8) <input type="checkbox"/>		4 layer (Year 9 - 12) <input type="checkbox"/>			
Gear Bag	Black <input type="checkbox"/>		Green <input type="checkbox"/>			
Kick Board						