

## SWIMMING

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Please note that the pre-season swimming program will continue throughout the holiday period. Training will be conducted on Tuesday, Thursday and Friday mornings for all squad members.

Start Back – Tuesday 4<sup>th</sup> January, 2022

### MONDAY 17<sup>th</sup> January, 2022

#### Years 5 to Open – Villanova Swim Clinic

Venue: Langland's Pool

Time: 7.30am – 9.30am

#### **\*\*Covid Protocols:**

Please note the following covid protocols will be in place for the Swimming Clinic

- Parents will be unable to spectate and are asked to drop and go and collect at conclusion
- Boys are asked to wear their masks to and from venue

Coaches will work on perfecting your body position in the water, stroke correction and core strength to achieve maximum efficiency in the water. Students must bring a light snack, all swimming gear, running shoes, water bottles, hat and shirt for gym work.

Note – this swim clinic is for those who are currently training at Langlands Pool or for those serious swimmers who train at other clubs.

Please contact Mrs Jacobs to register your interest. Juanita Jacobs email: [jjacobs@vnc.qld.edu.au](mailto:jjacobs@vnc.qld.edu.au)

## CRICKET CLINIC

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### TUESDAY 18<sup>th</sup> January to Thursday 20<sup>th</sup> January, 2022

#### Villanova Holiday Cricket Camp

Venue: Villanova Park, Manly Rd, Tingalpa

Ticket Price: \$210.00    Food & Drinks: BYO

Register @ - [www.10ksports.com.au/events](http://www.10ksports.com.au/events)

Time: 8am-12pm on each day

## CRICKET – T20

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### MONDAY 17<sup>th</sup> January – THURSDAY 20<sup>th</sup> JANUARY

Please note that the T20 games scheduled for the 1sts and 10A's are now cancelled.

# CRICKET-TRIALS V IONA (1<sup>ST</sup>/2<sup>ND</sup>) & 8A/B. 9A/B. 10A/B INTERNAL TRIALS

**FRIDAY 21<sup>st</sup> January, 2022**

VILLANOVA	TIME	VENUE	SURFACE	OVERS
8A v 8B	1.00am – 5:45pm	Field 3 – Villa Park	Turf	35
9A v 9B	8.00am – 12.45pm	Field 3 – Villa Park	Turf	35
10A v 10B	1.00am – 5.45pm	John Seary Oval – Villa Park	Turf	35
VILLA 2 <sup>nd</sup> XI v Iona	8.00am – 1:00pm	John Seary Oval – Villa Park	Turf	40
VILLA 1 <sup>st</sup> XI v Iona	9.00am – 5.00pm	Andrew Slack Oval	Turf	50

## VOLLEYBALL CLINIC

**Monday 17<sup>th</sup> January, 2022**

### Years 7 to Open

Venue: Goold Hall, Villanova College, 8<sup>th</sup> Avenue Coorparoo

Uniform: Sports PE uniform or any suitable sports clothing

### **\*\*Covid Protocols:**

Please note the following covid protocols will be in place for the Volleyball Clinic over the two days.

- Parents will be unable to spectate and are asked to drop and go
- Boys are asked to wear their masks to and from venue
- All equipment will be disinfected and cleaned between each session
- Parents are asked to collect their son/s from 8<sup>th</sup> Ave. at the conclusion of the session



Time	Court 1 - Goold Hall	Court 2 - Goold Hall
6.30am - 7.50am	Year 7	Year 7
8.00am - 9.20am	Year 8	Year 8
9.30am - 10.50am	Year 9	Year 9
11.00am - 12.20pm	Year 10	Year 10
12.30pm - 1.50pm	Year 11	Year 11
2.00pm - 3.20pm	2 <sup>nd</sup> VI	3 <sup>rd</sup> VI
3.30pm - 5.00pm	1 <sup>st</sup> VI	1 <sup>st</sup> VI

## Tuesday 18<sup>th</sup> January, 2022

### Years 7 to Open

Venue: Goold Hall, Villanova College, 8<sup>th</sup> Avenue Coorparoo

Uniform: Sports PE uniform or any suitable sports clothing

Time	Court 1 - Goold Hall	Court 2 - Goold Hall
6.30am - 7.50am	Year 7A	Year 7B
8.00am - 9.20am	Year 8A	Year 8B
9.30am - 10.50am	Year 9A	Year 9B
11.00am - 12.20pm	Year 10A	Year 10B
12.30pm - 1.50pm	Year 11A	2 <sup>nd</sup> /3 <sup>rd</sup> VI
2.00pm - 3.20pm	1 <sup>st</sup> VI	1 <sup>st</sup> VI

\*\* Information regarding training and fixtures for sport in Term1 will be provided as soon as possible.

