



25 January 2022

Dear Parents

Villanova College AIC Swimming Squad (Year 5 - 12) 2022

We welcome all students and their families to Villanova College for the commencement of the 2022 year. As always, the AIC swim season in Term 1 is rather short and hectic. With the delay to the commencement of school year due to Covid-19, we have had to make changes to the regular season schedule in 2022.

We trust that many of our swimmers were able to participate in our extensive pre-season program dating back to Term 4 last year or continued training with their clubs.

This letter invites all students from Year 5 - 12 who can swim at a competent and competitive level to join the AIC Villanova College Swim Squad in 2022.

Boys who are keen to become involved are asked to commit to at least two sessions per week. These sessions could be completed at your swim club or through the Villanova swim program at Langlands Park Memorial Public Pool, 5 Panitya Street, Stones Corner, however the Friday morning session at Langlands is a compulsory session for all swimmers. Those who have other Villanova commitments and cannot attend at least two sessions are asked to speak to the Director of Sport or Swim Coordinator to confirm an alternative personalised schedule.

All training sessions will be held at Langlands Park Memorial Public Pool. We expect that all AIC squad members will make themselves available to attend the weekly Friday evening AIC Swim Meets. This is necessary to ensure swimmers gain race practice and can record times in each of the strokes. From these times the Villanova Swim Team will be selected. The swim team will then compete at the annual AIC Swim Championships which is scheduled to be held at the Brisbane Aquatic Centre, Sleeman Sports Complex, Chandler on Tuesday 8 March 2022.

Please find the AIC Swimming Training Schedule below. Be advised that the entire Year 5-12 squad train on the same days. The squad will also travel and compete at all Friday afternoon AIC Invitational Meets held throughout the season as listed below. All sessions are free of charge to all AIC squad members.

All students from Year 5-12 were encouraged to join the pre-season swim program on offer at Villanova College. This program was opened to all students who could swim at a reasonable level.

Please be aware that from this point onwards, the squad is now only opened to swimmers who can fulfil the expectations and requirements below:

- be a competent swimmer who can swim at least 1000m in a training session
- attend at least two training sessions per week leading up to the AIC Swimming Championships (these sessions could be at Langlands Park Memorial Public Pool or at their own swim club)
- those who continue their training at other clubs must contact and inform the Villanova College Swim Coordinator – Mrs Juanita Jacobs, email jjacobs@vnc.qld.edu.au
- attend the compulsory Friday morning sessions at Langlands Park Memorial Public Pool (to connect with the broader squad)
- attend all AIC Swim meets
- be willing to represent the Villanova College Swim Team when called upon

Please note that the sessions are for competent squad members and they are not 'learn to swim classes or fitness sessions. Those who wish to join the swim program are asked to arrive at the pool at least 10 minutes before the start of training to sign in with the teacher on pool deck. Each swimmer must bring their own swim kit, which includes kick boards, pool buoy and flippers to each session.



AIC Swimming Training Schedule 2022

Day	Students in Year 5 - 12 in 2022
Monday	
Tuesday	7.00am – 8.00am
Wednesday	
Thursday	7.00am – 8.00am
Friday	6.15am – 7:45am

Important Information for Year 5 Students

Due to the late commencement of the school year, the College is unable to conduct swim trials for all the new Year 5 students as well as the annual Junior School Swim Carnival which is normally held within the first week of the school year.

These events gave an opportunity for all boys to perform at their best and for our staff to select those who would be suitable candidates to join the Villanova swim squad.

As time is now lost, these events will not occur, therefore we are dependent upon parents to make the initial assessment as to whether their son should join the squad based on the information listed on the front of this letter.

We believe most of our keen swimmers have registered in our pre-season program and have been identified. However, if your son is a keen swimmer who did not participate in our pre-season program and does swim to a competent standard, we certainly would be keen for him to join our squad. Please contact our Swim Coordinator – Mrs Juanita Jacobs, email jjacobs@vnc.qld.edu.au to register your interest. As a guide from previous years, boys should, as a minimum, be able to swim 50m freestyle in 45 seconds or below.

AIC Swim Coaches and Managers

Listed below are the names of the AIC coaches and managers. Should you have any questions regarding absenteeism or any other issues, please direct them to the Swimming Coordinator - Mrs Juanita Jacobs. The contact details of Ms Holland are listed in case you wish to enrol your son in other swim sessions available at Langlands Pool.

All enquiries regarding the Villanova swim program should be directed to the Coordinator in the first instance.

Villanova Swim Coordinator

Mrs Juanita Jacobs - Mob 0417 777 501 jjacobs@vnc.qld.edu.au

Year 5 - 7 Swim Squad Coach

Ms Kerry Holland - Mob 0413 445 515 kerry4960@hotmail.com

Year 8 - 12 Swim Squad Coach

Mr Felipe Barraza Rojas

Assistant Coach

Mr Nic Elsey

Swimming Managers

Mrs Melissa Liddy - Junior School, Year 5 and Year 6 - mliddy@vnc.qld.edu.au



Mrs Terri Dillon - Middle School, Year 7-9 - tdillon@vnc.qld.edu.au

Mrs Theresa Henry - Senior School, Year 10-12- thentry@vnc.qld.edu.au

Boys who are already heavily committed to their own swim clubs must notify their respective Swim Manager or the Swim Coordinator to inform them of their training program and to confirm their availability to attend any of the Villanova training sessions offered. We are happy to work in with other clubs and coaches. However, it is necessary that students spend time with the Villanova College squad to build a positive team culture, therefore, we ask that the **Friday morning session is compulsory for all Villanova squad members.**

Villanova Swim Uniform

Each student is required to purchase and wear the following swim uniform, which is non-negotiable and is to be worn to all AIC Swim Meets. We ask parents to support the College to ensure that their son is dressed in the correct uniform. High uniform standards are important as it reflects the pride, we have in ourselves and Villanova College. All items are available from the College Uniform Shop.

- Villanova togs, Villanova racers or any plain black togs are acceptable, no other colours are permissible
- NEW 2022 - Villanova squad shirt
- Villanova green PE shorts
- NEW 2022 - Villanova sports socks
- Villanova swim cap (this will be given out free of charge to all squad members)

The final AIC swimming race nominations will not be announced until later in the 2022 season. Only the fastest or those swimmers best suited to each stroke will be nominated to represent Villanova College in events on the day of the AIC Championship on Tuesday 8 March at Chandler. Despite these race nominations, be assured that all students who have trained throughout the season will attend the Championship as a reserve and in support of the team. The final competitors for each event will be selected at the discretion of the Swimming Managers and Coaches. Therefore, it is important that all students continue to train hard and attend all weekly carnivals to post good times.

AIC Swim Calendar

Date	Location	Transport
Friday 28 January	AIC Swim Meet - Yeronga Swim Pool - CANCELLED	
Friday 4 February	AIC Swim Meet - Marist College Ashgrove - CANCELLED	
Friday 11 February	AIC Swim Meet - Iona College	Bus provided to Iona College. Please plan to have your son collected from Iona at the conclusion of this meet
Friday 18 February	AIC Swim Meet - Centenary Pool	Bus provided to and from the meet
Thursday 24 February	AIC Swim Meet at Brisbane Aquatic Centre Chandler	Bus provided to and from the meet
Friday 4 March	AIC Swim Meet - St Peter's Lutheran College	Bus provided to and from the meet
Tuesday 8 March	AIC Swimming Championships	Bus provided to and from the Championships

Please note that all meets are held on a Friday afternoon from approximately 4.00pm - 6.00/30pm. Villanova College will supply bus transportation for all squad members to all Meets excluding the Iona



College Meet where transportation will only be provided one way. Parents are responsible for making return transport arrangements for the Iona Meet.

Buses will depart Villanova College at 3.10pm and should return to the College at approx. 6.45pm depending on the weekly schedule. The boys are asked to meet the team managers at the front of the College (Sixth Avenue), as soon as they are dismissed. The weekly AIC swim schedule will be posted on the web within the 'Weekly Fixture' section <https://www.vnc.qld.edu.au/student-life/curricular/sport/weekly-fixtures/> and will be published in the weekly newsletter, Villa View.

Parents are most welcome to attend the swim meets, this will be confirmed each week based on the COVID-19 restrictions at each venue. The managers will require the assistance of parents to record and time keep. If you can do so, please notify one of our Swim Managers. Your help will be greatly appreciated.

Unfortunately, due to COVID-19 restrictions the College will be unable to provide the annual Friday morning breakfasts after swim training for our squad members.

Lytton District and Met East Swimming Nominations

13-19 Year Swimmers - Students who are turning 13-19 Years in 2022 and are keen to nominate themselves in the upcoming Met East Swim trials held at Chandler on Tuesday 1 March are asked to email Mr Todd Kropp - tkropp@vnc.qld.edu.au to gain further information regarding the nomination process.

10-12 Years Swimmers - Students who are turning 10-12 Years in 2022 and are keen to nominate for Lytton district swimming are asked to email Mr Chris Everding - ceverding@vnc.qld.edu.au with the strokes you'd like to nominate for and registered club times. Boys are to be under qualifying times in order to be successfully nominated. Students will be ranked on times, as only a certain number can be put forward to the trials.

Again, if you wish for your son to join the swim squad based on the information contained in this letter, please contact our Swim Coordinator Mrs Juanita Jacobs - jjacobs@vnc.qld.edu.au to register your interest if you haven't done so already.

We look forward to a successful and rewarding season. If you have any concerns or questions, please do not hesitate to contact us.

Yours sincerely

Juanita Jacobs
Villanova AIC Swimming Coordinator

Craig Stariha
Director of Sport