

COVID-19 AND SPORTS PROTOCOLS-CLINICS 2021

For all Players and Coaching Staff

While the current advice is there are no restrictions on participating in sport, it is important that our sports community takes the necessary precautions to reduce the risk of COVID-19 infection to our students, coaching staff and officials.

It is important that we all follow the government health organisation hygiene guidelines and recommendations by adhering to the following.

Note – these restrictions are the for up-coming Villanova Swimming, Volleyball and Cricket Clinics only. The College will publish restrictions for the Cricket, AFL and Volleyball trials v St Patrick's College and Churchie trials (cricket only) at a later stage.

- For these clinics we ask all parents to drop off and pick up only. Parents are not permitted to stay.
- Face masks must be worn by all players and coaches (12 years and older) to and from the various sporting venues.
- Physical contact is permitted on the field on play only.
- All other times the participants must observe social distancing. Masks are encouraged when it is not possible to physically distance.
- Hand hygiene remains the single best action individuals can take to reduce their risk of acquiring any respiratory or gastrointestinal tract infection. Students are encouraged to wash their hands before meals, after using the bathroom, and before and after training especially when using shared equipment. Students are asked to dry their hands fully after washing.



- Students are strongly encouraged to use hand sanitiser directly after training and games. Hand sanitiser may be available at some sports venues but not all. We encourage families to purchase their own hand sanitiser and include this as a necessary item within each student's sports bag.
- There will be no sharing of water bottles, towels, sporting uniforms and the like. All students are required to bring their own personal water bottle with their name clearly labelled. No food is to be shared.
- Make sure you adhere to 'illness etiquette'. If you are coughing and sneezing, do so away from people into a tissue, your elbow or hands. If you cough or sneeze into your hands, make sure you wash your hands afterwards and before handling any sporting equipment. Seek medical review early if you are feeling unwell.
- Those who are feeling unwell should not participate in or attend any training sessions or games.

Specific protocols for the Swimming, Cricket and Volleyball Clinics

Swimming

- Parents are to drop off and pick up their children only. Parents are not permitted to stay.
- All swimmers 12 years and older are to wear a face mask to and from Langland's Pool. The face mask may be taken off before the activities commence and whilst the boys are involved in strenuous activities outside the pool.
- Boys are to wear their PE uniform including socks and shoes as some 'outside of pool' activities will be run on the day of the clinic.
- All swimmers are to bring their own water bottle (preferably 2) and food for the day.



Volleyball

- Parents are to drop off and pick up their children only. Parents are not permitted to stay.
- Whilst a group is in session, the doors will be closed. The next group must remain outside with masks on until the present group is finished, and the Hall is sanitised.
- All volleyballers 12 years and older are to wear a face mask to and from Goold Hall. The face mask may be taken off before the activities commence and whilst the boys are involved in strenuous activity.
- Boys are to wear their PE uniform. Equipment will be periodically sanitised throughout the day.
- All volleyballers are to bring their own water bottle (preferably 2) and food for the day.

Cricket

- Parents are to drop off and pick up their children only. Parents are not permitted to stay.
- All cricketers 12 years and older are to wear a face mask to and from Villa Park. The face mask may be taken off before the activities commence and whilst the boys are involved in strenuous activity.
- Boys are to wear their PE uniform or other suitable cricket attire. Equipment will be periodically sanitised throughout the day.
- All cricketers are to bring their own water bottle (preferably 2) and food for the day.



- All cricketers must bring and use their own equipment, that is, bats, gloves, pads, protector and helmets. Those who are missing gear or are waiting for orders to arrive may speak with the organisers who will have some limited amount of equipment to lone out.