



23 January 2020

Dear Parents

### AIC Swim Squad Breakfasts - Parent Help Required

The AIC Swimming Squad training has officially commenced for 2020 and session times are as follows:

### AIC Swimming Training Schedule – Commencing Wednesday 29 January 2020

SESSION TIMES		
Day	Year 5 - 7 Students	Year 8 -12 Students
Monday	-	6.30am - 8:00am
Tuesday	7.00am - 8.00am	-
Wednesday	-	6.30am - 8.00am
Thursday	7.00am - 8.00am	-
Friday (compulsory session)	6.30am - 8.00am	6.30am - 8.00am

Please note it is compulsory for all AIC swim squad members to attend the Friday morning session. From Friday, 7 February, a breakfast will be provided to all swimmers at a cost of \$20 for the entire season (we are aware that due to school camps some year levels will not be able to attend breakfast in certain weeks). We plan to cook a simple barbeque breakfast each week consisting of bacon, eggs and sausages on a piece of bread accompanied by orange juice. To enable us to provide this breakfast, I am seeking the assistance of parents in the preparation of the food from week to week each Friday. All squad members will train at Langlands Park Pool on Friday mornings but will return to the Villanova pool (walking together as a group) where breakfast will be prepared and served.

If you can assist in any way, please complete and return the slip to the Villanova College Sports Office. Payments can be made via Parent Lounge.

In advance, I thank Kerry Lapish who has volunteered to take on the role of coordinating parent helper. If you are able to assist on any given Friday, I ask that you meet Kerry at the Villanova College pool area where she will direct you as required. I hope that we can receive enough volunteers to continue this wonderful tradition that is always a highlight for the boys.

Yours sincerely

Juanita Jacobs  
AIC Swimming Coordinator

## AIC Swim Squad Breakfasts

Please complete and return to the Villanova College Sports Office.

Student's Name: \_\_\_\_\_ Pastoral Class: \_\_\_\_\_

My son **will**  **will not**  require breakfast on Friday mornings.

I \_\_\_\_\_ am able to help prepare breakfast on the following dates:

(Parent's Name)

Please tick (✓) the Friday morning/s you are able to assist with breakfast.	
	7 February 7.00am - 8.15am
	14 February 7.00am - 8.15am
	21 February 7.00am - 8.15am
	28 February 7.00am - 8.15am

Parent Contact Details: (Email): \_\_\_\_\_ (Mob): \_\_\_\_\_

