



3 September 2019

Dear Parent/Guardian

VILLANOVA COLLEGE SWIMMING TRAINING – 2019/2020

Villanova College is a member of the AIC (Association of Independent Colleges) Sports Association which is a competition involving students from Years 5 - 12.

The annual AIC Swimming Championship will be held in Week 6 of Term 1, 2020. For Villanova to be competitive and to do well, we urge all current students and those who will be commencing their education at Villanova College in 2020 to commence swimming training NOW.

Training will commence for all students on Tuesday 10 September 2019 and will continue every Tuesday and Thursday morning until Thursday 3 October 2019. For those students who are enrolled at Villanova in Years 5 and 7 in 2020, training will commence in Week 1, Term 4 2019 (Tuesday 8 October) as per the schedule below. These sessions will run up to and include Friday 20 December 2019. The program will recommence on Monday 6 January 2020 and will run until the end of Week 1, Term 1, 2020 at which time selection trials will be held.

While the College appreciates that some students may choose to continue their pre-season training elsewhere, we would encourage all swimmers to consider joining the College's program. All students who are interested in joining Villanova's swim team will be required to attend trials in Week 1, 2020. Participation or non-participation in our pre-season schedule will not guarantee a place in our final squad. However, we do believe it will strengthen your chance to do well at the trials and aid in building a strong College swimming culture.

All training sessions will be held at the Villanova College pool (please enter off Eighth Avenue to access the pool) until the new Langlands Park Memorial Pool complex is complete. All training will then revert to Langlands Park Memorial Pool on Monday 28 October. Langlands Park Memorial Pool is located at 5 Panitya Street, Stones Corner. All training sessions will be under the direction of Mr Gilly Santos - Villanova Swim Coach (Years 9 - 12) and Ms Kerry Holland - Villanova Swim Coach (Years 5 - 8).

Training is open to all students who hope to become a member of Villanova's 2020 Swim Team or for students wishing to increase their physical fitness. Please note that these sessions are for students who are capable swimmers, they are not 'learn to swim' sessions. Parents who are looking for 'learn to swim' sessions may wish to enroll their son/s in an alternate program run at Langland's Pool.



The initial training schedule as from Tuesday 10 September 2019 - Thursday 3 October 2019 is as follows:

SESSION TIMES	
Day	All students Years 5 - 12
Tuesday	7:00am - 8:00am
Thursday	7:00am - 8:00am

The training schedule commencing Tuesday 8 October 2019 is as follows:

SESSION TIMES		
Day	Students Years 5 - 8 in 2020	Students in Years 9 - 12 in 2020
Monday		6:30am - 8:00am
Tuesday	7:00am - 8:00am	
Wednesday		6:30am - 8:00am
Thursday	7:00am - 8:00am	
Friday	6:30am - 8:00am	6:30am - 8:00am

Fees: A flat fee of \$150 will be charged per student for all training sessions up until the start of the 2020 school year. This includes all sessions over the summer holiday period. Students are then entitled to attend as many training sessions as possible throughout this period. Altogether, those who join the program could have access up to 50 training sessions throughout this period at a cost of only \$150 (this is \$3 per session by highly skilled and qualified swim coaches). The more sessions you attend the more value for money you receive. This represents outstanding value.

Kerry has asked all members of the Jets swim club to also participate at least one of the Villanova squad sessions each week and the Friday morning session. These additional sessions will help build team spirit and provide further skills training for Met East squads and relay practice.

Please Note: For current students, payments are to be made through Parent Lounge - Tours & Excursions. Parents with boys commencing in 2020 can pay through Trybooking - <https://www.trybooking.com/BFGPB>

Flipper/Pool Buoy and Bag: All students are required to purchase their own flippers and pool buoy for training. Langland's Pool will supply your son with a training pack at a cost of \$70. Please find attached the order form, which must be lodged with Langlands Park Pool (not Villanova College) to receive your training gear at a discounted price.

Special Welcome Breakfast: A breakfast will be held for all squad members on Friday 11 October at the Villanova College Pool (not Langlands Park Memorial Pool). This breakfast will replace the training



session scheduled that day. All squad members are invited to join including the students entering the College in Year 5 and Year 7 in 2020. It is simply a meet and greet breakfast which all coaches and managers will attend. Breakfast will commence at 7.00am.

For those who wish to take advantage of this opportunity, please complete the attached forms and return them to the Junior School Office (Junior School students) or the Sports Office (Middle and Senior School students). Late comers will be accepted; however, they will be required to pay the full fee.

Students entering Villanova College in 2020, particularly our new Year 5 and Year 7 students are asked to either email the form through to the Sports Office email sportsoffice@vnc.qld.edu.au or post to: Director of Sport, Villanova College, PO Box 1166, COORPAROO DC 4151.

If you have any further queries please contact the Villanova College Swim Co-Ordinator, Mrs Juanita Jacobs via email jjacobs@vnc.qld.edu.au. Alternatively, please contact the Sports Office on 3394 5621.

Yours sincerely

Mr Craig Stariha
Director of Sport

SWIMMING REGISTRATION

Parents

Parent 1 Details		Parent 2 Details	
Full Name		Full Name	
Address		Address	
Home Phone		Home Phone	
Work Phone		Work Phone	
Mobile		Mobile	
Emergency Contact (other than parent)		Emergency Contact (other than parent)	
Email		Email	

Student/s

Details of Child / Children Participating in Swimming					
Christian and Surname		D.O.B.		Year Level in 2020	
Christian and Surname		D.O.B.		Year Level in 2020	
Christian and Surname		D.O.B.		Year Level in 2020	
Is your child currently a member of a swimming club outside of Villanova? If so, please provide club name and number of training sessions attended each week.					
Medical History (please advise of any information which is pertinent)					
Child's Name:	Medical details:				



Permission Form

I, _____ (parent/guardian) give permission for my son/s to attend Villanova College's pre-season swim program conducted by coaching staff at Langlands Park Memorial Pool, 5 Panitya Street, Stones Corner.

I am aware that this program entitles my son/s to train up to and including the first week of the 2020 school year.

I understand that after trials a final AIC swim squad will be chosen to continue training (free of charge) until the end of the 2020 AIC Swim Championships.

Son's Name

Year level in 2020

Son's Name

Year level in 2020

Son's Name

Year level in 2020

Parent / Guardian Signature

Date



FLIPPER PACK ORDER FORM

This form is to be lodged directly with Langlands Park Memorial Pool - phone 3397 7436

Student's Name	
Parent Name	
Parent Mobile	

Cost: \$70

Please tick selection

Flipper Size	3 - 5 <input type="checkbox"/>	5 - 7 <input type="checkbox"/>	7 - 9 <input type="checkbox"/>	9 - 11 <input type="checkbox"/>	11 - 13 <input type="checkbox"/>	13 - 15 <input type="checkbox"/>
Pull Buoy	3 layer (Years 5 - 8) <input type="checkbox"/>		4 layer (Years 9 - 12) <input type="checkbox"/>			
Gear Bag	Black <input type="checkbox"/>		Green <input type="checkbox"/>			