



Villanova College

A Catholic College for Boys in the Augustinian Tradition

4th March 2019

Dear Parents/Guardians

AIC Swim Championship – Monday 11th March

Your son has been an active member of the 2018/2019 Villanova Swimming Squad. The swim season will reach its conclusion on Monday, 11th March at the AIC Swimming Championships to be held at Chandler. This letter will outline some important details regarding arrangements we have in place up until the day of the Championships.

This Friday, 8th March, all members of the AIC swim squad will be acknowledged at our College Assembly which will be held in Goold Hall from 10.35am. Parents are more than welcome to attend.

Our final swim team, who will compete at the AIC Swimming Championships, will be selected based on times recorded at the AIC swim meets held throughout the season. Unfortunately, not every student who has trained throughout the season will swim on the day of the Championship. We do, however, recognise each swimmer's importance within our squad and the efforts they have made, so every member of the squad will be acknowledged at this week's assembly and all regular squad members will travel to Chandler next Monday either as a competitor or a reserve. Buses will transport your son to and from Chandler on the day of the Championship.

Please find attached to this letter a copy of the Villanova's team list including the competitor list for each event.

This Friday, 8th March, we did plan to hold a final swim meet at the Villanova College Pool from 3.30 - 4.15pm. Please note that due to the size of pool and large numbers, this meet is now cancelled.

Normal training times will continue until this Friday 8th March and we ask all squad members from Year 5 - 12 to attend a full and final compulsory team session at **Villanova Pool** this Friday morning, beginning at 6.30am followed by the usual 'Friday Brekky'. It is important that **ALL MEMBERS** of the AIC swim squad attend so that we are able to practice relay changes, starts and finishes for the Championships. It is critical that the boys arrive on time for training, that is, by 6.20am at the pool, so that warm up can begin promptly at 6.30am.

Next Monday morning, 11th March, the boys are asked to meet at Villanova in the Middle School Quadrangle by **6.45am** (not Langland's Pool) for final team instructions and a team photo before departing the College for Chandler at 7.15am. The carnival will conclude by 2pm. We ask all swimmers to travel as a team to the Championships on the buses provided. Parents may transport their son/s home directly after the carnival.

All students are to wear the College squad shirt and their College sports shorts to the AIC Championship – **NO EXCEPTIONS**. If your son has not yet purchased his shirt, he must do so immediately from the College Uniform Shop. The boys **must** compete in Villanova racing togs/or jammers or any plain colored togs (no multi-colored togs are permitted in AIC rules) and the Villanova swim cap. The swim cap was distributed free of charge to all swimmers earlier in the season. Please be aware that only one pair of togs may be worn, to meet with QSA and AIC regulations.

Boys should bring their own lunch and plenty of water to drink on the day of the Championships. Food for the day should be light and easily digestible. As we are trying to encourage our athletes to follow a healthy diet, especially those who are racing in the relays later in the day, we ask our swimmers **not to buy any food at the canteen** until after their events.

Please find attached an 'order of events' and a 'timing of events' schedule for the Championships. Parents are most welcome to attend the Carnival. All parents from all Colleges have been allocated a 'Parent Spectator Area' on the Western Grandstand in section 1 of seating which is the section up against the wall at the 50m start line. In case of an emergency on the day of the Championship please call:

Mrs Juanita Jacobs 0417 777 501

AIC Swimming – Key Dates

Friday 8th March

- Final compulsory team session at Villanova Pool 6:30am
- College Assembly at 10.35am in Goold Hall to acknowledge swimmers
- Final time trial at Langland's Pool - **this meet is now cancelled!!!**

Monday 11th March - AIC Swim Championships at Chandler Pool

- All AIC swim squad members to meet at Villanova (middle school quadrangle at 6.45am for team brief and photo)
- Bus departs the College for Chandler at 7.15am
- Bus departs Chandler at 2.00pm for return to College
- Students dismissed from the College at normal time

I wish our entire squad the very best in the lead up to the Championships and on the day itself. I hope the boys enjoy the experience of representing their College. Please be assured that the entire College community is behind the team and wishes them all the best.

Yours sincerely

Mrs. Juanita Jacobs
Villanova Swimming Coordinator

Mr. Craig Stariha
Director of Sport

AIC Swim Championship - Event Schedule Swimming 2019

Event No	Distance	Stroke	Age	Division
1	200m	Individual Medley	Open	
2	100m	Freestyle	Year 5	Division 1
3	100m	Freestyle	Year 6	Division 1
4	100m	Freestyle	12 Years	Division 1
5	100m	Freestyle	13 Years	Division 1
6	100m	Freestyle	14 Years	Division 1
7	100m	Freestyle	15 Years	Division 1
8	100m	Freestyle	16 Years	Division 1
9	100m	Freestyle	Open	Division 1
10	50m	Breaststroke	Year 5	Division 2
11	50m	Breaststroke	Year 5	Division 1
12	50m	Breaststroke	Year 6	Division 2
13	50m	Breaststroke	Year 6	Division 1
14	50m	Breaststroke	12 Years	Division 2
15	50m	Breaststroke	12 Years	Division 1
16	50m	Breaststroke	13 Years	Division 2
17	50m	Breaststroke	13 Years	Division 1
18	50m	Breaststroke	14 Years	Division 2
19	50m	Breaststroke	14 Years	Division 1
20	50m	Breaststroke	15 Years	Division 2
21	50m	Breaststroke	15 Years	Division 1
22	50m	Breaststroke	16 Years	Division 2
23	50m	Breaststroke	16 Years	Division 1
24	50m	Breaststroke	Open	Division 1
25	100m	Breaststroke	Open	
26	50m	Freestyle	Year 5	Division 8
27	50m	Freestyle	Year 5	Division 7
28	50m	Freestyle	Year 5	Division 6
29	50m	Freestyle	Year 5	Division 5
30	50m	Freestyle	Year 5	Division 4
31	50m	Freestyle	Year 5	Division 3
32	50m	Freestyle	Year 5	Division 2
33	50m	Freestyle	Year 5	Division 1
34	50m	Freestyle	Year 6	Division 8
35	50m	Freestyle	Year 6	Division 7
36	50m	Freestyle	Year 6	Division 6
37	50m	Freestyle	Year 6	Division 5
38	50m	Freestyle	Year 6	Division 4
39	50m	Freestyle	Year 6	Division 3
40	50m	Freestyle	Year 6	Division 2
41	50m	Freestyle	Year 6	Division 1
42	50m	Freestyle	12 Years	Division 4
43	50m	Freestyle	12 Years	Division 3
44	50m	Freestyle	12 Years	Division 2
45	50m	Freestyle	12 Years	Division 1
46	50m	Freestyle	13 Years	Division 4
47	50m	Freestyle	13 Years	Division 3
48	50m	Freestyle	13 Years	Division 2
49	50m	Freestyle	13 Years	Division 1
50	50m	Freestyle	14 Years	Division 4

51	50m	Freestyle	14 Years	Division 3
52	50m	Freestyle	14 Years	Division 2
53	50m	Freestyle	14 Years	Division 1
54	50m	Freestyle	15 Years	Division 4
55	50m	Freestyle	15 Years	Division 3
56	50m	Freestyle	15 Years	Division 2
57	50m	Freestyle	15 Years	Division 1
58	50m	Freestyle	16 Years	Division 4
59	50m	Freestyle	16 Years	Division 3
60	50m	Freestyle	16 Years	Division 2
61	50m	Freestyle	16 Years	Division 1
62	50m	Freestyle	Open	Division 4
63	50m	Freestyle	Open	Division 3
64	50m	Freestyle	Open	Division 2
65	50m	Freestyle	Open	Division 1
66	50m	Backstroke	Year 5	Division 2
67	50m	Backstroke	Year 5	Division 1
68	50m	Backstroke	Year 6	Division 2
69	50m	Backstroke	Year 6	Division 1
70	50m	Backstroke	12 Years	Division 2
71	50m	Backstroke	12 Years	Division 1
72	50m	Backstroke	13 Years	Division 2
73	50m	Backstroke	13 Years	Division 1
74	50m	Backstroke	14 Years	Division 2
75	50m	Backstroke	14 Years	Division 1
76	50m	Backstroke	15 Years	Division 2
77	50m	Backstroke	15 Years	Division 1
78	50m	Backstroke	16 Years	Division 2
79	50m	Backstroke	16 Years	Division 1
80	50m	Backstroke	Open	Division 1
81	100m	Backstroke	Open	
82	200m	Freestyle	15 Yrs & Under	
83	400m	Freestyle	Open	
84	50m	Butterfly	Year 5	Division 2
85	50m	Butterfly	Year 5	Division 1
86	50m	Butterfly	Year 6	Division 2
87	50m	Butterfly	Year 6	Division 1
88	50m	Butterfly	12 Years	Division 2
89	50m	Butterfly	12 Years	Division 1
90	50m	Butterfly	13 Years	Division 2
91	50m	Butterfly	13 Years	Division 1
92	50m	Butterfly	14 Years	Division 2
93	50m	Butterfly	14 Years	Division 1
94	50m	Butterfly	15 Years	Division 2
95	50m	Butterfly	15 Years	Division 1
96	50m	Butterfly	16 Years	Division 2
97	50m	Butterfly	16 Years	Division 1
98	50m	Butterfly	Open	Division 1
99	100m	Butterfly	Open	
100	4 x 50m	Freestyle Relay	Year 5	Division 2
101	4 x 50m	Freestyle Relay	Year 5	Division 1
102	4 x 50m	Freestyle Relay	Year 6	Division 2
103	4 x 50m	Freestyle Relay	Year 6	Division 1
104	4 x 50m	Freestyle Relay	12 Years	Division 2
105	4 x 50m	Freestyle Relay	12 Years	Division 1
106	4 x 50m	Freestyle Relay	13 Years	Division 2
107	4 x 50m	Freestyle Relay	13 Years	Division 1

108	4 x 50m	Freestyle Relay	14 Years	Division 2
109	4 x 50m	Freestyle Relay	14 Years	Division 1
110	4 x 50m	Freestyle Relay	15 Years	Division 2
111	4 x 50m	Freestyle Relay	15 Years	Division 1
112	4 x 50m	Freestyle Relay	16 Years	Division 2
113	4 x 50m	Freestyle Relay	16 Years	Division 1
114	4 x 50m	Freestyle Relay	Open	Division 2
115	4 x 50m	Freestyle Relay	Open	Division 1
116	4 x 50m	Medley Relay	Year 5	Division 1
117	4 x 50m	Medley Relay	Year 6	Division 1
118	4 x 50m	Medley Relay	12 Years	Division 1
119	4 x 50m	Medley Relay	13 Years	Division 1
120	4 x 50m	Medley Relay	14 Years	Division 1
121	4 x 50m	Medley Relay	15 Years	Division 1
122	4 x 50m	Medley Relay	16 Years	Division 1
123	4 x 50m	Medley Relay	Open	Division 1

TIMING

Warm Up	30mins	8.00am – 8.30am
Events 1-9	30mins	8.30am – 9.00am
Events 10-25	40mins	9.00am – 9.40am
Events 26-65	60mins	9.40am – 10.40am
Events 66-81	25mins	10.40am – 11.05am
Events 82-83	10mins	11.05am – 11.15am
Events 84-99	35mins	11.15am – 11.50am
Events 100-121	90mins	12.00pm – 1.30pm
Presentations	10mins	1.40pm – 1.50pm