



— INTERNET —
Safe Education

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**Internet Safety and Cyberbullying Resources
for Parents and Carers**

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5 Key Messages and Actions

for Technology

- 1.** Communicate with your kids
- 2.** Set clear rules and boundaries
- 3.** Stay up to date with apps and programs
- 4.** Consider and use parental controls
- 5.** Be the one who makes the final decisions

Resources for all ages

Up to date

Time Effective

Achievable

For actionable tools and information
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