

## Villanova College – Volleyball Training Schedule 2018

| Morning   | Monday                        | Tuesday   | Wednesday                               | Thursday  | Friday    |
|---|-------------------------------|---|---|---|-----------|
| Goold Hall<br>Court 1<br>6:30am – 8:00am              | 8A                            | 7A & 7B   | 9A & 9B                                 | 7A  | 11A & 11B |
| Goold Hall<br>Court 2<br>6:30am – 8:00am              | 8B                            | First VI  | 8A & 8B                                 | 7B  | 10A & 10B |
| Multi Court<br>8 <sup>th</sup> Ave<br>6:30am – 8:00am | 7C & 7D                       | 8C & 8D   | 9C & 10C                                |   |           |
| Afternoon   | Monday                        | Tuesday   | Wednesday                               | Thursday  | Friday    |
| Goold Hall<br>Court 1 & 2<br>3.15pm – 5.00pm          | 9A & 9B                       | 10A & 10B   | 2 <sup>nd</sup> VI & 3 <sup>rd</sup> VI | 2 <sup>nd</sup> VI & 3 <sup>rd</sup> VI           | 10C       |
| Goold Hall<br>Court 1 & 2<br>5:00pm – 6:30pm          | 11A & 11B                     | High Performance<br>Basketball<br>5:15pm – 7:00pm | First VI                                | High Performance<br>Basketball<br>5:15pm – 7:00pm |           |
| Multi Court<br>8 <sup>th</sup> Ave<br>3:15pm – 5:00pm | Basketball<br>3:30pm – 4:45pm |   |   |   |           |