

# Wednesday



## Volleyball Provenance Cup v Iona College



**Date: Wednesday 10<sup>th</sup> October**

**Venue: Iona College, North Rd, Lindum**

Time	Court 1	Court 2
6.00pm	Year 10 VNC v IONA	Year 10 ACGS v BBC
7.00pm	Year 11 VNC v IONA	Year 11 ACGS v BBC

*\* All volleyball players need to be at their respective venues 30mins prior to the commencement of their game.*

# AIC Friday Sport



## AIC Track and Field Meet



**Years 5 – Open**

**Date: Friday, 12<sup>th</sup> October**

**Venue – SAF – State Athletics Facility, Kessles Rd, Nathan**

**Year 5 & 6 students - bus departs Villanova at 2pm, return approx. 5:30pm.**

**Year 7 to Open students – bus depart Villanova at 3:10pm, return approx. 8:15pm.**

**Parents are welcome to pick up their son from the venue.**

*Students are to wear their Track and Field uniform. Students who have not yet purchased a Track and Field uniform will be required to wear their PE uniform.*

## SCHEDULE OF TRACK EVENTS

TIME	EVENT
3.00pm	Hurdles Years 5 & 6
3.20pm	200m Years 5 & 6
4.00pm	800m Years 5 & 6
4.30pm	100m Years 5 & 6
4.45pm	4 x 100m Relays 5 - Open
5:15pm	Hurdles 12 Years - Open

5.35pm	800m
6.10pm	100m
6.55pm	400m
7.25pm	1500m
7.45pm	200m

### SCHEDULE OF FIELD EVENTS

TIME	EVENT	AGE GROUP
3.00pm	SHOT PUT HIGH JUMP LONG JUMP	YEAR 5 YEAR 6 YEAR 6
3.45pm	LONG JUMP SHOT PUT HIGH JUMP	YEAR 5 YEAR 6 YEAR 5
4:30 pm	HIGH JUMP TRIPLE JUMP LONG JUMP SHOT PUT DISCUS JAVELIN	13 YRS 14 & 15 YRS 16 YRS & OPEN 16 YRS & OPEN 13 YRS 14 & 15 YRS
5:20 pm	HIGH JUMP TRIPLE JUMP JAVELIN DISCUS LONG JUMP SHOT PUT 1 SHOT PUT 2	12 YRS 16 YRS & OPEN 13 YRS 12 YRS 15 YRS 15 YRS 14 YRS
6:10 pm	SHOT PUT LONG JUMP LONG JUMP HIGH JUMP 1 HIGH JUMP 2 DISCUS JAVELIN	12 YRS 12 YRS 13 YRS 14 YRS 15 YRS 14 & 15 YRS 16 YEARS & OPEN
7:00 pm	TRIPLE JUMP JAVELIN SHOT PUT LONG JUMP DISCUS HIGH JUMP 2 HIGH JUMP 1	12 & 13 YRS 12 YRS 13 YRS 14 YRS 16 YRS & OPEN 16 YRS OPEN