

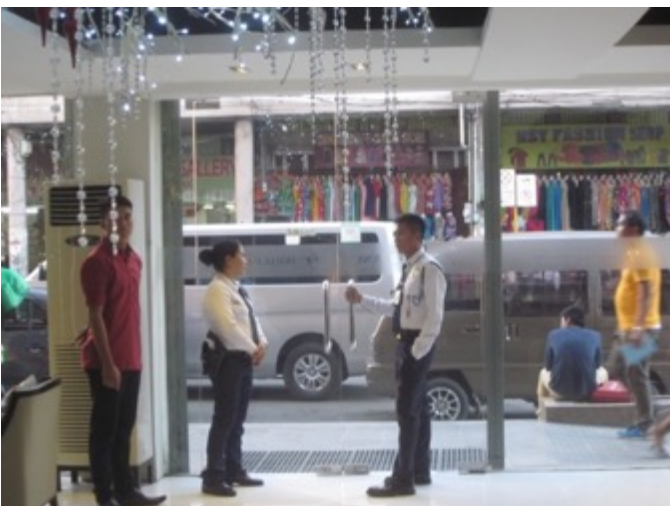
**27/11** The Phillipines AFAS Elders group at the Brisbane airport.



Our accommodation in Cebu 28/11 Hotel Fortuna



Security (24 hours) at the Hotel and a view of local shops



Shopping for supplies at the local supermarket. We wondered why everyone was looking at us? We were in the dedicated senior citizen check out!



**29/11** Breakfast on the way to Kinatarkan island with the inevitable rice.



Our boat to the island



All aboard



We have some difficulties with the boat. Steering pole back to the rudder snapped so one of our boat men had to sit out on the stern and steer. Engine started to be a bit temperamental so the other guy fiddled and nursed that along which left me operating the manual bilge pump. (PVC pipe, bamboo and a bit of thong for the washer)



We arrive on the site of our Hot House. Nowhere near as much work done as we expected.



**30/11** The work begins. Everything at this stage is carried in manually from the beach where it is unloaded off boats similar to ours,carried uphill to the site. This includes water in 20l containers, sand, gravel, timber, bamboo, blocks and the best for last 40kg bags of cement.





Hand mix all concrete on the ground and carry by bucket to the site.



Vegetation was cleared from site manually by machete and coral, which is everywhere, is broken up and moved from site again manually.



We get to a stage where we can get a vehicle increasingly closer to our site.



**1/12** Things begin to take shape.



The bamboo stripping begins.



Home sweet home



Something to settle the dust at the end of the day



Our kitchen. All the food is cooked over wood fires.



We are invited to a party.



Cutting loose at the party.



Tony and Kate find a baby at the party.



**2/12** Progress. Piers are poured and some of the posts (Mahogany) are stood.



Water level used to set up string lines for the blocks to be laid.





Electrical Repair Store.



The closest thing to a shop on the island.



Blocks have been laid, coral has been carried in by hand to use as fill with Chris doing a little wacker packing.



#### 4/12 Basket Ball Island Style



Multi-cab. Island transport. Ten people being carried by a 1 litre Suzuki.



You make your own fun on the island. A small piece of palm tree tied to fishing line being run up and down the road. He was having a ball.



**7/12** Back in Cebu. The view out my window with mum, baby and toddler sleeping rough.



**13/12** Progress since we have left. Blocks are bagged and slab is ready for concreting.



The intent of the program is to build the island a drying shed to dry Moringa. The Moringa tree has multiple uses but from a commercial point of view it is the leaves that they are interested in and harvest and dry. The shed is able to dry the leaf down to about 20% water content and then it is bagged and sent to the mainland for processing.

We visited the Fair Trade processing plant.



The un dried leaf is washed in distilled water. (Our leaves are washed in distilled water on the island before drying)



Leaves are hung for drying



This is typically how the moringa would arrive from the island. Semi dried in bags to be placed in drying baskets for kiln drying.







One of the finished products



## Other finished products



## Including tea.



Moringa plant below. Leaves are used commercially and as a feed additive, seed pods are used as are the small branches and roots.

