



ASSOCIATED
INDEPENDENT COLLEGES
2018 PRIMARY AFL

COMPETITION
HANDBOOK



ASSOCIATED INDEPENDENT COLLEGES

Mission Statement

The purpose of the competitions arranged by the AIC is to promote and provide a range of sporting and associated activities. This competition will encourage the participation of students from our member schools in the spirit of our Christian ideals.

It is also to set in place a number of rules and guidelines which encourage this participation, foster good sportsmanship and respect for others.

The aim, at all times, is to allow this to take place in a climate of genuine friendships and competition which encourages harmonious relationships to exist between staff and students of all member colleges of the AIC.

SECTION 1:

SCHEDULE OF COMPETITION DATES

1.1 COMPETITION DATES

- School Trials: Saturday, 27 January
- Round 1 – Saturday, 3 February
- Round 2 – Saturday, 10 February
- Round 3 – Saturday, 17 February
- Round 4 – Saturday, 24 February
- Round 5 – Saturday, 3 March
- Round 6 – Saturday, 10 March
- Round 7 – Saturday, 17 March

Matches will commence no earlier than 8.00 am, with finishing times no later than 12 noon. These times may be amended in extreme circumstances with AFL Queensland notifying the concerned parties if necessary.

SECTION 2:

COMPETITION MANAGER AND OPERATIONAL COMMITTEE

2.1 COMPETITION MANAGER

The competition manager for the Primary AIC AFL Competition is:

AFL Queensland Schools & Universities Programs Manager

Amy Anderton

Phone: (07) 3033 5426

Mobile: 0406 225 224

Email: amy.anderton@afl.com.au

The competition manager's duties include:

1. Overseeing the running of the competition
2. The professional administration of the competition
3. Liaising with school Directors of Sport, AFL co-ordinators, sports trainers, AFL Queensland Umpiring Department representatives and other related members of the competition
4. Circulating information on the competition, keeping participants informed
5. Constructing the draws for the competition
6. Ascertain draw requirements for schools
7. Allocating match managers
8. Handle any problems arising in the competition
9. Oversee the evaluation of the competition

SECTION 3:

VENUE

All games will be scheduled at:

YERONGA SOUTH BRISBANE FOOTBALL CLUB

Leyshon Park, Cansdale Street

Yeronga QLD



SECTION 4:

SCHOOL CONTACT DETAILS

4.1 Iona College

- **Director of Sport**

Keith Harron: harronk@iona.qld.edu.au OR 0417 079 268

4.2 Marist College

- **Director of Sport**

David Miles: milesd@marash.qld.edu.au OR 0438 292 033

4.3 Padua College

- **Director of Sport**

Scott Maguire: smaguire@padua.qld.edu.au OR 0418 195 690

4.4 St Laurence's College

- **Director of Sport**

Eddie Wallace: ewallace@slc.qld.edu.au OR 0457 822 85

4.5 Villanova College

- **Director of Sport**

Craig Stariha: cstariha@vnc.qld.edu.au OR 0407 077 607

SECTION 5:

UMPIRING

5.1 UMPIRE COORDINATOR

Umpires' Coordinator is Nicholas Liparota, who is responsible for all umpire appointments for the competition. The Competition Manager will forward all comments/feedback regarding umpires to the Umpire Coordinator.

5.2 UMPIRING POLICY

- Umpires will be allocated to their respective division, in line with their skill level.
- One field umpire will be allocated to each match.
- Goal and boundary umpires will not be utilised.

Any comments on the umpiring of matches should be addressed initially to Amy Anderton, the Competition Manager.

SECTION 6:

6.1 MATCH MANAGER DUTIES

AFL Queensland will provide a Match Manager for each main oval at Yeronga AFC. Match Managers will have the following responsibilities:

- Match Managers wear an AFL Queensland shirt for easy recognition
- Compile match result sheets
- Timekeeper is in place with siren
- Stretcher is available
- Scoreboards are operational
- Two footballs are available
- Matches run on time
- Meets with umpires before matches
- Meets with umpires after match and convene tribunal if necessary
- Meets with both coaches before game and advises coaches of the position of first aid attendant

SECTION 7:

7.1 SPORTS TRAINERS POLICY ON ATTENDANCE

- Sports trainers will be in attendance at all matches
- All sports trainers will have a first aid kit and ice for their use for the management of injuries during the game
- For any routine strapping players are required to supply their own tape or give a gold coin donation to the sports trainer
- All schools are requested to have their own first aid kit at matches for emergencies
- Any problems regarding the Sports Trainers at matches should be directed to Amy Anderton, the Competition Manager

SECTION 8:

SCHOOL DUTIES

8.1 DUTIES

All school AFL co-ordinators are to be conversant with this publication and aware of their duties that are outlined. They are as follows:

- Team managers to fill out match reports and hand to the Match Manager no later than 15 minutes after the match
- Team managers are to ensure all players are correctly attired- (i.e. football socks, shorts and jumpers)
- If a school intends to forfeit, it must notify firstly the opposing school and secondly, Amy Anderton on 0406 225 224 at least 24 hours before the scheduled commencement of the match
- Coaches are to participate in any tribunal hearing in the event of a player being sent off for the entire match
- Team Managers are to ensure that all players are enrolled in the appropriate year levels for their respective competitions
- Coaches, officials and players must participate in the spirit of true sportsmanship, ensuring that the competition is a credit to the game of Australian Football and those participating in it.

SECTION 9:

MATCH CONDITIONS AND REGULATIONS

9.1 PLAYING TIMES AND FOOTBALL SIZES

Grade 5 (A and B) Division (students enrolled in grades 5 ONLY)

- 4 x 12 minute quarters
- $\frac{1}{4}$ time 3 minutes, $\frac{1}{2}$ time 6 minutes, $\frac{3}{4}$ time 3 minutes
- Leather size 3 football

Grade 6 (A and B) Division (students enrolled in grades 6 ONLY)

- 4 x 12 minute quarters
- $\frac{1}{4}$ time 3 minutes, $\frac{1}{2}$ time 6 minutes, $\frac{3}{4}$ time 3 minutes
- Leather size 3 football

In the event of a draw in finals, five minutes each way with a straight swap over.

NOTE:

- Students in Grade 5 are unable to play up into the Grade 6 competition
- Students can move between Division A and B within their applicable Grade
- No time-on
- Students are not permitted to play any more than 60 minutes of football in one day of scheduled AIC AFL matches.

9.2 TEAM & FIELD SIZE

Grade 5 & Grade 6

- Twelve a-side means: (4 forwards, 4 centres, 4 backs + 3 reserves)
- Interchange may occur at any time
- Field size will be no bigger than 110m x 90m and divided into three equal zones (thirds) identified by markers or lines on the field

9.3 START OF PLAY AND RESTARTING AFTER A GOAL

When all players are in their positions/zones, a ball-up is conducted between two centre players

- **Grade 5:** students must remain in their zones after a ball-up
- **Grade 6:** students are able to move freely after a ball-up

9.4 OUT OF BOUNDS

- From a kick – a free kick is awarded against the player who last kicked the ball
- If there is doubt, or if the ball come off hands or body, the umpire shall call a ball-up 5m in from the boundary
- Full possession at the ball-up is not permitted (full possession rule applies)
- The ruckman cannot take possession of the ball from his own hit out

9.5 CONTACT / TACKLING / BARGING

- Full tackling rules as per the laws of Australian Football can be applied
- No barging or chopping past opponents is allowed. A free kick is awarded
- Fending off, with an open hand to the body (not above the shoulders or in the back), is allowed

9.6 DISTANCE PENALTY

- A player can be awarded a 25m advancement towards their goals if, after a mark or free kick, the umpire is of the opinion that an opposing player hinders that player. This includes overstepping the mark, wasting time, using abusive language/behaviour etc.

9.7 LAWS OF FOOTBALL

All matches will be played under the Laws of the Game promulgated by the AFL

Exceptions:

A. A send-off rule will be in operation as follows:

- **YELLOW CARD:** Players may be sent off by umpires for minor breaches for a "cooling off" period. These players will stay off for the remainder of that quarter. They may be replaced and

teams do not lose conduct points. No tribunal is necessary for minor breaches. However it is the responsibility of the school coordinator to impose disciplinary action, if they believe the action contravenes the mission of the competition

- RED CARD: A player may be sent off at the discretion of the umpire for any reportable offence. The player sent off may be replaced. He shall take no further part in the remainder of the game. Disciplinary action for players sent from the ground will be decided upon at the completion of the game by the coaches and Match Manager. The Match Manager will advise AFL Queensland of any decisions. An outline of the tribunal process will follow this sub section in 9.8.
- B. Teams should be made up of twelve (12) players and may have up to three (3) interchange players.
- A minimum of nine (9) players per team is required for a match to proceed.
 - When difficulty occurs fielding full numbers, both coaches must agree to even up players numbers (i.e. reduce the numbers per side or excess players on one team should be given to the opposition team).
- C. In finals matches, if there is a draw, teams will re-position themselves and play five minutes each way. Should there be a further draw, this process should continue until there is a winner.

9.8 TRIBUNAL INSTRUCTIONS

- The field umpire and match manager to meet directly after the match to discuss any send offs.
- Tribunals will only be convened if a player is sent off for a red card breach - i.e. the whole of the match. Minor offences that require a player to be sent off for the remainder of a quarter will not require a tribunal to be convened.
- Tribunal will consist of the Match Manager and the two team coaches.
- Evidence will be heard from the umpire, the player and any other witness called by the player and umpire.

- Results of the tribunal should be noted on the match report sheet. It should state the charged player's name, school, whether he was guilty or not guilty and the length of suspension, if any.

9.9 FOOTBALLS

AFL Queensland will provide appropriate leather match balls. The Match Manager will have these in his/her possession. Sizes are as follows:

Grade 5 Division	Leather size 3
Grade 6 Division	Leather size 3

9.10 OFFICIALS

Each team is entitled to one (1) official runner (official shirts will be provided).

Each team is entitled to two (2) official water carrier (official shirts will be provided).

Vests will be provided by the Match Manager.

NOTE: The coach is not allowed on the field. Messages may be delivered by a runner. However, the runner must abide by the procedure of going directly to the player, delivering the message and returning directly to the coaches' box.

9.11 INTERCHANGE

The interchange area for this competition will be the region between the two coaches boxes. A player cannot enter the field as a replacement until the player he is replacing has left the field.

A player who does not leave the playing ground through the approved areas shall not be permitted to take further part in the match, unless he is taken from the playing ground on a stretcher.

9.12 AGE REQUIREMENTS

- A. Competition divisions are graded into school grades and divisions
- B. These age regulations allow for participation of boys with their year group peers
- C. Playing up or down a division is not permitted.

9.13 RESULTS

The AICAFI results will be published on the AFL Queensland School Football website (www.aflq.com.au) and @AFLQSchoolFooty social media pages after each week's matches.

9.14 COACHING ASSISTANCE

Schools are invited to use the expertise of AFL Queensland staff with regard to coaching assistance. Development staff are available for individual training sessions or to coach the team throughout the competition in certain circumstances. Schools should contact Amy Anderton should they require this assistance.

SECTION 10:

AIC CODE OF CONDUCT

PREAMBLE:

The main aim of the Associated Independent Colleges organisation shall be “to promote and conduct various forms of inter-school activity, with a view to fostering a spirit of fellowship”. It is acknowledged and accepted that each school has its own standards of conduct and that it is within the jurisdiction of the Head of College to ensure that those standards are maintained; never the less it is hoped that some commonly accepted norms of behaviour designated herein would be observed on a uniform basis throughout the Association.

The Code is considered under the following headings:

1. General Behaviour
2. Behaviour and Example of Coaches
3. Standards required by Referees
4. Conduct of Players
5. Conduct of Spectators
6. Dress

1. General Behaviour

- a) Healthy, vigorous exercise; scrupulous regard for the spirit of the rules of the game; a willingness to submit to disciplined training; and the cultivation of a generous sportsmanship, should be the goals of AIC sports.
- b) The Host School has the right to expect the both visitors and members of its own community will adhere to its own particular customs and practices.
- c) The competition tables should not be regarded as the sole reason for competing.
- d) Schools should ensure that players compete in their correct age group and that they adhere to the General Association Rules and By Laws for various sports.
- e) Racial abuse or any other form of harassment will under no circumstances be tolerated by AIC. Players should be given no more than one warning before being sent off and reported to the school. Spectators likewise should be reported and asked to leave the sideline if guilty of racial abuse. Associated Independent Colleges Code of Conduct

2. Behaviour and Example of Coaches

- a) Under no circumstances is there to be deliberate bending of the General Association Rules and By Laws for the various sports.
- b) Coaches should encourage teams and/or individual players to be punctual in coming onto the field or reporting to the designated officials both before and during the matches.
- c) Coaching from the sideline or inside the arena by anyone is not to be allowed.
- d) Coaches must accept the decisions and umpires. This does not preclude rational clarification of decisions at a subsequent time.
- e) The following are to be discouraged:
 - Time wasting and time wasting actions
 - Unsportsmanlike behaviour
 - Over-vigorous play
 - Deliberate coaching of illegal tactics
 - Sledging
 - Dissent
 - Foul language
 - Foul play

3. Standards required by Referees

- a) As an Association we demand a certain standard of behaviour and dress from our players. Similar standards are expected of referees and umpires.
- b) Appropriate signals for the conduct of the sport should be adhered to at all times, as clear signalling is beneficial to the game.
- c) It is expected that referees and umpires should meet the required standards of qualifications in order to officiate.
- d) The criteria for appointment of referees and umpires as laid down in the various By Laws should be adhered to.

4. Conduct of Players

- a) A high standard of conduct is expected at all times, both on and off the field.
 - b) Each and every player should be an example of what a sportsman should be, including an appreciation of good play and an acceptance of the mistakes made by fellow players.
 - c) The game should be played hard, but never unfairly.
 - d) Ill temper or spite should never be shown; assistance for opponents when it appears desirable should be given.
 - e) The meeting of opposing coach and captain by opposite numbers is to be commended.
 - f) Congratulations, thanks or cheers appropriate to the game, by the captain and/or players is to be encouraged.
 - g) The orders or instructions of the umpire, referee or designated official should be obeyed quickly, and any decisions, however unfavourable, should be accepted without question.
 - h) The use of drugs, including pain killers, to improve or maintain the performance of any individual player, or group of players, is strictly forbidden.
- Associated Independent Colleges Code of Conduct

5. Conduct of Spectators

- a) Good play by either side should be acknowledged by spectators in the appropriate manner. This can encourage players and help them to lift their game as the match or contest progresses. Unwise or fanatical barracking can make a players perform foolish actions in his play, or incite him to foul play, which is not to be condoned.
- b) The Head of College has the legal right to remove any person or persons who do not conform to the acceptable standards of behaviour as laid down by his school.
- c) Consumption of alcohol by spectators during the conduct of a match or contest is not permitted.
- d) Referees or umpires are not to be approached by spectators at any time before, during or after a match.
- e) Cheering and supporting one's own team is recognised as part of the conduct of the game and, provided this barracking is within the requirements of the By Laws (with respect to Athletics and Swimming), it is to be encouraged. However, negative barracking against another school is not acceptable, and should be discouraged.
- f) While the Host School should make every endeavour to provide for the disposal of rubbish, all should make every effort not to litter any parts of the playing fields and/or grounds.

6. Dress

- a) Referees, umpires, officials and players are to be correctly attired according to the needs of the particular sport.
- b) Dress (especially footwear) of all participants should be clean and tidy, respectable, and not torn.
- c) The By Laws for the various sports, with respect to dress is to be observed by all players. In addition the following points are to be noted:
 - i. It is recommended that correct boots be worn for turf wicket matches;
 - ii. Correct headwear should be worn for cricket;
 - iii. Football socks are not acceptable for sports other than football.

SECTION 11:

FOOTBALL IN EXTREME CONDITIONS POLICY

Heat stress and injury can lead to impaired player performance, physical distress and illness. In its extreme form it can be life threatening.

Preventing heat stress and injury maintains optimum performance and improves recovery.

To prevent heat stress, careful planning and preparation are required. Awareness of potential circumstances that can expose players and an appreciation of the broad variation of individual responses is important.

The following guidelines outline the basic elements of the AFL's strategies for heat stress in match conditions and at training. The AFL will assess the heat stress risk by reviewing information provided by the Bureau of Meteorology.

Heat injury is a subject of continuing research and these guidelines will be progressively updated.

PLAYERS

- Ensure adequate fluid intake prior to game and during game
- Monitor hydration by use of fluid balance and weighing to estimate fluid loss and percentage hydration
- Notify medical and coaching staff when effected by heat or when performance is noticeable effected
- Use water and electrolyte drinks
- Use pre-game, game and post-game cooling strategies
- Do not play in the heat with an infective illness
- Apply 30+ sunscreen in sunny conditions

SCHOOLS

- Use cooling aid – ice vests, spray bottles, sponges, fans and shade
- Choose heat permeable jumpers and socks
- Research the effect of heat in AFL playing and training conditions and means to manage these environmental conditions
- Mandatory reporting of heat stress illness in all players
- Provide adequate fluids in appropriate bottles
- Ensure trainers are fit enough to assess as many players as possible during the game

- Coordinate training times outside extreme conditions
- Have training sessions medically supervised
- Provide facilities for player cooling – shade, air conditioners, sprays and fans whether training or playing

MEDICAL / FIRST AID OFFICERS

- Identify “at risk” players and monitor their core temperatures, physical and mental performance and hydration state
- Do not play players suffering from a febrile illness, vomiting or diarrhoea
- Refer all cases of heat stress and heat stress illness to a doctor
- Have adequate medical resources and equipment available for managing heat stress conditions

AFL QUEENSLAND

Where possible, AFLQ will schedule matches to avoid the extremes of heat.

Yeronga AFC to be equipped with cooling facilities in high risk circumstances – shade, cooling aids etc.

In addition, the following concessions may be introduced:

- Increase the number of water carriers to run fluids to players
- Increase the length of intervals to enable teams to leave the field for the shade of rooms at each break
- Reduce the length of quarters
- Consider postponing or rescheduling games