

RUGBY ACADEMY

Position Specific Skills Sessions



We are pleased to inform that on the back of a successful last 2-3 years of skill sessions, we are back on again for the second block of the year. We had a very good start to 2017 where we had almost 150 boys participate in our three sessions and they came from Toowoomba, Northern NSW, Gold Coast, Sunshine Coast along with GPS (8 schools) and AIC (7 schools).

We are super excited to announce that we will now be introducing more Position Specific Coaches who boast an overwhelming amount of pro Rugby experience and knowledge in their respective positions, which they aim to share with, and develop our young players on a continual basis. This is our passion in giving back to the game.

We are pleased to announce that we have added HOOKERS to our list with former Scotland and Saracens Hooker Robbie Russell becoming part of our group along with 42 times capped Wallaby Hooker Brendan Cannon.

These new addition will join our current group of;

Fletcher DYSON	(PROPS)
Garrick MORGAN	(LOCKS & BACKROW)
Kris BURTON	(FIVE-EIGHTS AND 12s)
Brad FREE	(HALFBACKS)
Brenton FIELKE	(OUTSIDE BACKS)
Scott OAKHILL	(Coordinator)
Ian KING	(Speed, S&C)

We are now inviting players in all these positions to come along to our sessions.

SESSION Dates and Times

ALL AT BALLYMORE

Sunday, JUNE 11, 2017

U13-14..... 8:00am - 9:45am

U15-17..... 9:15am - 11:00am

Sunday, JUNE 18, 2017

U13-14..... 8:00am - 9:45am

U15-17..... 9:15am - 11:00am

Sunday, JULY 9, 2017

U13-14..... 8:00am - 9:45am

U15-17..... 9:15am - 11:00am



Passing Techniques



Kicking Skills

IMPORTANT INFO

Players need:

- **Boots**
- **Water Bottle**
- **Rugby Ball**



The sessions include POSITION SPECIFIC skill development for:

PROPS
HALFBACKS
OUTSIDE BACKS

LOCKS/BACKROW
FLYHALF/INSIDE CENTRE
SPEED/AGILITY/STRENGTH

Our aim is to further improve and develop the skill level of all the boys who attend so that they can reach their potential, enjoy their rugby and be a valuable member of their respective teams.

The sessions are **INVITATION ONLY** based on the following criteria:

GPS A side / 1st XV

AIC A side / 1st XV

(Inc. Downlands & Sunshine Coast GS)

REP players from:

BJRU

DARLING DOWNS

SUNSHINE COAST

GOLD COAST

Who were selected to represent at 2016

QLD STATE CHAMPIONSHIPS@TSS

OR

2016 Junior Gold Cup.

INFORMATION REQUIRED:

Please supply the below to me by email;

- Student's Name
- Age group to play this year

NOTE

There is absolutely **NO FEE** or **CHARGE** for any of our sessions, however if one is thankful and chooses to be generous, we gladly receive Gift Cards.



CONTACT DETAILS: BRAD FREE

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Brad Free is a former Reds, Saracens and Ulster scrum half who has been successfully mentoring elite number nines for the past two years. He is also a Chiropractor based in Tweed Heads with 10 years clinical experience and particular interest in Functional Biomechanics and Neuroanatomy.

Brenton Fielke is a former Reds, and Australia 7s player. He played 10 years as a Premier grade Winger/Fullback. Brenton currently works as an Occupational Therapist specializing in injury prevention and rehabilitation strategies for industry.

Kris Burton is an Australian born, former Italian Test No 10 who played with Treviso and Newport Dragons in the Pro 12. Having retired from professional rugby after the 2013 Six Nations tournament he returned to Australia and is based on the Gold Coast where he is a Financial Planner and coaches/plays in the local competition.

Garrick Morgan is a former Wallaby and Reds player who finished a long career with 8 years in Europe where he played for both Harlequins and French Top 14 side PAU. He returned to Australia to set up and run his family B & B business on Mt Tambourine and continues to coach and share his vast knowledge with junior rugby players.

Fletcher Dyson is a former Wallaby and Reds player of the early 2000s having played in the famous "Eales Penalty Kick" match to win the Bledisloe Cup. He has a passion to develop young Rugby props using his vast knowledge and collective rugby experience. Fletcher is a partner in a newly formed business which supplies Orthopaedic surgeons.

Scott Oakhill coached/managed both club and schools rugby at the highest level in Ireland, France, USA and Australia. He has held senior roles with QRU and GPS Old Boys club as well as working on coach education projects with the IRB in Dublin.

Ian King commenced Athlete preparation coaching in 1980 and has trained Elite Athletes in over 30 sports in 15 different countries over the last 9 Olympic cycles. He has a passion for rugby and prepared players in every RWC since 87' and Super rugby championship. Ian is the founder of King Sports International.

Robbie Russell is a former Scottish rugby international who played for Souths in Brisbane before joining Saracens and later London Irish in the English Premiership. He has returned to Brisbane after his playing days and has an interest in assisting young hookers.

Brendan Cannon is a former Wallaby Hooker who also played for the Qld REDS, NSW and Western Force. With over 100 Super caps he brings a wealth of experience to share with the juniors.