



AIC TRACK AND FIELD 2017

Pre Season Schedule - OCT 5 UQ

RESPONSIBILITIES OF HOST SCHOOLS

- **Officials:** please refer to duties table below
- **Recording:** provision of **AIC recording sheets**, folders, pens, programmes
- **Hospitality:** refreshments

RESPONSIBILITIES OF COMPETING SCHOOLS

- **Field events: bring all throwing implements & measuring equipment** for the event, encourage athletes, allow **3 attempts only** for all field events - UQ confirming implement hire.
- For those schools running events with a double of age groups, please make the students aware to use their correctly weighted implement.
- **Numbered markers 1- 40**
- 1 Official for relays if staff are available
- **Please arrive early** and collect recording sheets from announcing area and return the result sheet at the conclusion of each event, start event on time, allow students to leave and resume after competing in track events
- **OCTOBER 5 MEET - THERE SHALL BE A MAXIMUM OF FOUR COMPETITORS PER SCHOOL ALLOWED TO COMPETE - NO RESTRICTIONS FOR PRIMARY EVENTS**
- **There has been two age groups put together for some events, this is enables all age groups to compete in ALL disciplines at every pre season meet**

GENERAL GUIDELINES FOR ALL SCHOOLS

- There is no grading of races
- An empty lane can be filled by other schools
- First aid will be in attendance at all meets
- The school running the javelin events should provide a safety officer
- Starting Heights for High Jump: 1.10m (Year 5); 1.15m (Year 6); 1.20m (12yrs); 1.25m (13yrs); 1.35m (14yrs); 1.35m (15yrs); 1.50m (16yrs); 1.50m (Open).
- **There has been two age groups put together for some events, this is enables all age groups to compete in ALL disciplines at every pre season meet**

THURSDAY OCTOBER 5 UQ
HOSTS: IONA & ST LAURENCES

LANE DRAW

Lane	School	Lane	School
1	SPC	5	PADUA
2	SEC	6	SPLC
3	IONA	7	VILLA
4	SLC	8	ASH

DUTIES

Time	ASH TJ	IONA HJ 2	PAD SP 1	SEC DISC	SLC SP 2	SPC JAV	SPLC HJ 1	VILLA LJ
3.00pm			Year 5				Year 6	Year 6
3.45pm			Year 6				Year 5	Year 5
4.30pm	16yrs & O		15yrs	12yrs	14yrs	13yrs	12yrs	15yrs
5.20pm		15yrs	12yrs	14 & 15yrs		16yrs & O	14yrs	12 & 13yrs
6.10pm	12 & 13yrs		13yrs	16yrs & O		12yrs	16yrs & O	14yrs
7.00pm	14 & 15yrs		16yrs & O	13yrs		14 & 15yrs	13yrs	16yrs & O

SCHEDULE OF TRACK EVENTS THURSDAY OCTOBER 5 UQ

TIME	EVENT
3.00pm	Hurdles Years 5 & 6
3.20pm	200m Years 5 & 6
4.00pm	800m Years 5 & 6
4.30pm	100m Years 5 & 6
4.45pm	4 x 100m Relays Yr 5 – 6 only
5.00pm	Hurdles 12 Years - Open
5.20pm	800m
5.50pm	100m
6.35pm	400m

7.00pm	1500m
7.20pm	200m

SCHEDULE OF FIELD EVENTS THURSDAY OCTOBER 5 UQ

TIME	EVENT	AGE GROUP
3.00pm	SHOT PUT	YEAR 5
	HIGH JUMP	YEAR 6
	LONG JUMP	YEAR 6
3.45pm	LONG JUMP	YEAR 5
	SHOT PUT	YEAR 6
	HIGH JUMP	YEAR 5
4:30 pm	HIGH JUMP	12 YRS
	TRIPLE JUMP	16 YRS & OPEN
	JAVELIN	13 YRS
	DISCUS	12 YRS
	LONG JUMP	15 YRS
	SHOT PUT 1	15 YRS
	SHOT PUT 2	14 YRS
5:20 pm	SHOT PUT	12 YRS
	LONG JUMP	12 & 13 YRS
	HIGH JUMP	14 YRS
	HIGH JUMP	15 YRS
	DISCUS	14 & 15 YRS
	JAVELIN	16 YEARS & OPEN
6:10 pm	TRIPLE JUMP	12 & 13 YRS
	JAVELIN	12 YRS
	SHOT PUT	13 YRS
	LONG JUMP	14 YRS
	DISCUS	16 YRS & OPEN
	HIGH JUMP	16 YRS & OPEN
7:00 pm	HIGH JUMP	13 YRS
	TRIPLE JUMP	14 & 15 YRS
	LONG JUMP	16 YRS & OPEN
	SHOT PUT	16 YRS & OPEN
	DISCUS	13 YRS
	JAVELIN	14 & 15 YRS