



AIC TRACK AND FIELD 2017

Pre Season Schedule - OCT 20 SAF

RESPONSIBILITIES OF HOST SCHOOLS

- **Officials:** please refer to duties table below
- **Recording:** provision of **AIC recording sheets**, folders, pens, programmes
- **Hospitality:** refreshments

RESPONSIBILITIES OF COMPETING SCHOOLS

- **Field events: bring all throwing implements & measuring equipment** for the event, encourage athletes, allow **3 attempts only** for all field events - UQ confirming implement hire.
- For those schools running events with a double of age groups, please make the students aware to use their correctly weighted implement.
- **Numbered markers 1- 40**
- 1 Official for relays if staff are available
- **Please arrive early** and collect recording sheets from announcing area and return the result sheet at the conclusion of each event, start event on time, allow students to leave and resume after competing in track events
- **OCTOBER 20 MEET - THERE SHALL BE A MAXIMUM OF THREE COMPETITORS PER SCHOOL ALLOWED TO COMPETE - NO RESTRICTIONS FOR PRIMARY EVENTS**
- **There has been two age groups put together for some events, this is enables all age groups to compete in ALL disciplines at every pre season meet**

GENERAL GUIDELINES FOR ALL SCHOOLS

- There is no grading of races
- An empty lane can be filled by other schools
- First aid will be in attendance at all meets
- The school running the javelin events should provide a safety officer
- Starting Heights for High Jump: 1.10m (Year 5); 1.15m (Year 6); 1.20m (12yrs); 1.25m (13yrs); 1.35m (14yrs); 1.35m (15yrs); 1.50m (16yrs); 1.50m (Open).
- **There has been two age groups put together for some events, this is enables all age groups to compete in ALL disciplines at every pre season meet**

FRIDAY OCTOBER 20 SAF
HOSTS: PADUA & ST EDMUNDS
SPC & VILLA TO HOST PRIMARY SCHEDULE

LANE DRAW

Lane	School	Lane	School
1	SPLC	5	VILLA
2	ASH	6	PADUA
3	SPC	7	SLC
4	SEC	8	IONA

DUTIES

Time	ASH SP 1	IONA DISC	PAD SP 2	SEC HJ 2	SLC TJ	SPC HJ 1	SPLC LJ	VILLA JAV
3.00pm	Year 5					Year 6	Year 6	
3.45pm	Year 6					Year 5	Year 5	
4.30pm	13yrs	16yrs & O		16yrs	12 & 13yrs	Open	14yrs	12yrs
5.20pm	16yrs & O	13yrs			14 & 15yrs	13yrs	16yrs & O	14 & 15yrs
6.10pm	15yrs	12yrs	14yrs		16yrs & O	12yrs	15yrs	13yrs
7.00pm	12yrs	14 & 15yrs		15yrs		14yrs	12 & 13yrs	16yrs & O

SCHEDULE OF TRACK EVENTS FRIDAY OCTOBER 20 SAF

TIME	EVENT
3.00pm	Hurdles Years 5 & 6
3.20pm	200m Years 5 & 6
4.00pm	800m Years 5 & 6
4.30pm	100m Years 5 & 6
4.45pm	4 x 100m Relays Yr 5 – Open
5.15pm	3000m
5:20pm	Hurdles 12 Years - Open
5.40pm	800m
6.10pm	100m

6.55pm	400m
7.20pm	1500m
7.40pm	200m

SCHEDULE OF FIELD EVENTS FRIDAY OCTOBER 20 SAF

TIME	EVENT	AGE GROUP
3.00pm	SHOT PUT HIGH JUMP LONG JUMP	YEAR 5 YEAR 6 YEAR 6
3.45pm	LONG JUMP SHOT PUT HIGH JUMP	YEAR 5 YEAR 6 YEAR 5
4:30 pm	TRIPLE JUMP JAVELIN SHOT PUT LONG JUMP DISCUS HIGH JUMP 2 HIGH JUMP 1	12 & 13 YRS 12 YRS 13 YRS 14 YRS 16 YRS & OPEN 16 YRS OPEN
5:20 pm	HIGH JUMP TRIPLE JUMP LONG JUMP SHOT PUT DISCUS JAVELIN	13 YRS 14 & 15 YRS 16 YRS & OPEN 16 YRS & OPEN 13 YRS 14 & 15 YRS
6:10 pm	HIGH JUMP TRIPLE JUMP JAVELIN DISCUS LONG JUMP SHOT PUT 1 SHOT PUT 2	12 YRS 16 YRS & OPEN 13 YRS 12 YRS 15 YRS 15 YRS 14 YRS
7:00 pm	SHOT PUT LONG JUMP LONG JUMP HIGH JUMP 1 HIGH JUMP 2 DISCUS JAVELIN	12 YRS 12 YRS 13 YRS 14 YRS 15 YRS 14 & 15 YRS 16 YEARS & OPEN