



Villanova College

A Catholic College for Boys in the Augustinian Tradition

24 October 2017

Dear Parents

Villanova First XI Football

It gives me great pleasure to announce the appointment of Mr Thomas Carnavas to the position of Villanova's First XI Football Coach and Mr Terry Kambouris as Villanova's First XI Football Manager for the up-coming 2018 season. Both men have a great deal of coaching experience and are looking forward to working with the boys to create a new culture and direction in our football program.

The coaching staff would like to invite motivated and committed boys to attend the up-coming First XI football trials. Altogether, there will be four trials conducted during the latter part of this term. The initial trials will be held at the Coorparoo AFL Club, Giffin Park, Birubi Street, Coorparoo. The trial dates and times are listed below:

Wednesday 1 November	3:45 - 5:15pm
Wednesday 8 November	3:45 - 5:15pm
Wednesday 15 November	3:45 - 5:15pm
Wednesday 22 November	3:45 - 5:15pm

The coaches will specifically be looking to select students who demonstrate a good awareness of the game and are able to make sound football decisions as well as possessing a high degree of technical ability. The program will present a significant challenge to all players. Those who accept entry into the squad will be required to commit to the program wholeheartedly. Those wishing to trial are to register their interest by completing a sign-on form located at the Sports Office.

Numbers will be reduced after each of the trial sessions above. A squad of 26 players will eventually be selected after the trial period leading into the holiday break. These 26 players will be required to follow a general fitness program over the holiday break.

An extensive pre-season program will then re-commence on Wednesday 17 January 2018. After the training session on Wednesday 17 January, the 26 players will then be divided into first and second squads (13 in each). Both squads will continue to train together most Wednesdays throughout Term 1 2018 as per the schedule. The First XI squad of 13 players will then be finalised after Wednesday 7 March 2018.

There is no doubt that those wishing to be a member of the First XI program will experience a significant change in direction. The level of professionalism and expectation from all involved within the program will be upheld and we are hopeful that all players and parents will do their part to ensure the standards and positive culture created within the Villanova First squad is maintained.

I am certainly looking forward to the season ahead and I wish all contenders the very best as they look to proudly represent Villanova College in 2018 with pride and honour.

Yours sincerely

Mr Craig Stariha
Director of Sport

VILLANOVA FOOTBALL PRE-SEASON TRAINING AND GAME SCHEDULE 2017/2018

Date	Activity	Facility	TIME
01/11/2017 - Wednesday	First XI and Second XI Trial - Day One (please be ready to start at 3.45pm)	Coorparoo AFL	3.45 - 5.15pm
08/11/2017 - Wednesday	First XI and Second XI Trial - Day 2 (reduced squad)	Coorparoo AFL	3.45 - 5.15pm
15/11/2017 - Wednesday	First XI and Second XI Trial - Day 3 (reduced squad)	Coorparoo AFL	3.45 - 5.15pm
22/11/2017	Year 10 and Year 11 Exam Week - Subject to exam schedule First XI and Second XI Trial - Day 4 (First XI and Second XI Squad selected and beep test performed) Squad of 26 to be selected and advised	Coorparoo AFL	3.45 - 5.15pm
End of Year Break 25/11/2017 - 17/01/2018			
17/01/2018 - Wednesday	First XI and Second XI Pre-season Training Day 1 - (First XI and Second XI Squad selected and beep test performed)		
24/01/2018 - Wednesday	First XI and Second XI Pre-season Training - Day 2	TBA	3.45 - 5.15pm
31/01/2018 - Wednesday	First XI and Second XI Pre-season Training - Day 3	TBA	3.45 - 5.15pm
07/02/2018 - Wednesday	First XI and Second XI Pre-season Training - Day 4	TBA	3.45 - 5.15pm
14/02/2018 - Wednesday	First XI and Second XI Pre-season Training - Day 5	TBA	3.45 - 5.15pm
21/02/2018 - Wednesday	First XI and Second XI Pre-season Trial Game - BBC	BBC (Away)	TBA
28/02/2018 - Wednesday	First XI Pre-season Trial Game - Nudgee	Nudgee (Hendry Oval)	TBA
07/03/2018 - Wednesday	First XI and Second XI Pre-season Training - Day 6 (First XI and Second XI Squads finalised)	TBA	3.45 - 5.15pm
14/03/2018 - Wednesday	Trial Game - BSH First XI (To be confirmed)	TBA	TBA
15/03/2018 - Thursday	NO TRAINING		
20/03/2018 - Tuesday	First XI and Second XI Pre-season Training - Day 8 Squad Training	Villanova Park	3.45 - 5.15pm

22/03/2018 - Thursday	First XI and Second XI Pre-season Training - Day 9 Squad Training	Villanova Park	3.45 - 5.15pm
24/03/2018 - Saturday	Pre-season Trial Game 1 - St Laurence's	Villanova Park / St Laurence's	TBA
27/03/2018 - Tuesday	First XI and Second XI - Day 10 Squad Training	Villanova Park	3.45 - 5.15pm
28/03/2018 - Wednesday	First XI Pre-season Trial Game - St Peters	St Peters	
03/04/2018 - Tuesday	First XI Squad Football Camp - Day 1 Pre-season training - Day 12	Villanova Park	TBA
04/04/2018 - Wednesday	First XI Squad Football Camp - Day 2 Pre-season training - Day 13 Pre-season Game First XI Squad vs Second XI Squad or Old Boys game	Villanova Park Villanova Park	TBA TBA
17/04/2018 - Tuesday	First XI and Second XI Pre-season Training - Day 14 - Squad Training	Villanova Park	3.45 - 5.15pm
19/04/2018 - Thursday	First XI and Second XI Pre-season Training - Day 15 - Squad Training	Villanova Park	3.45 - 5.15pm
21/04/2018 - Saturday	Pre-season Trial Game 1 - St Pats	Villanova Park / St Pats	TBA
24/04/2018 - Tuesday	First XI and Second XI AIC Season Training Day 1 - Squad Training	Villanova Park	3.45 - 5.15pm
26/04/2018 - Thursday	First XI and Second XI AIC Season Training Day 2 - Squad Training	Villanova Park	3.45 - 5.15pm
27/04/2018 - Friday	First XI Presentation of Jerseys	Goold Hall	TBA
28/04/2018 - Saturday	AIC GAME DAY 1	TBA	TBA

Please note: All information found within this schedule may be subject to change at the discretion of the Villanova College Sports Office and/or Villanova College coaching staff.

Coorparoo AFL: Giffin Park, Birubi Street, Coorparoo

ST AUGUSTINE'S TOUR:

DATES:

Wednesday June 27 2018

Thursday June 28 2018

Friday June 29 2018

AGENDA (To be confirmed)

SELECTION TRIALS: Four Trial Sessions

- Squads
 - After Trial Day 4 (week of 22/11/2017) squad will be reduced to 26
 - First XI Football → 13
 - Second XI Football → 13
 - Cutting squad weekly

PRE-SEASON 14 Pre-season Training Days
Football Camp
Five Trial Games

GAME DAY SCHEDULE:

Arrival:	90 minutes before game	Game Day: 10.45am	Academic Uniform / General discussion / Watch other Villanova teams
In Sheds:	75 minutes before game	Game Day: 11.00am	Get Ready / Strapping / General Preparation
	55 minutes before game	Game day: 11.20am	Team Talk / Game Plan
Warm Up	35 minutes before game	Game Day: 11.40am	Warm Up Starts
In Sheds	5 minutes before game	Game Day: 12.10pm	Warm Up Complete / Back to sheds / Jerseys on and ready for game
GAME TIME		Kick-Off: 12.15pm	Walk down to field